



Pastor's **Page**



The Stepping Stone

November 2021

“A hungry God...Part 2”

I hate the funhouse at carnivals. Especially the room where the mirrors distort the way you look. Sometimes they make you appear short, tall, fat, or faceless. They haunt me even now as an adult. When we have a distorted image of who we are, nothing looks real. Since I was a child looking into a mirror has been especially tough. I think it started for me around third grade. I had suffered a head injury and was put on medication for migraines. These pills also increased my appetite, and I indulged; overindulged. As a result, I began to grow more in my waistline than in my height. My classmates were not kind. They were downright mean as a mean could be.

In our last segment, I asked you to stand in front of a full-length mirror and invite God to look in with you. What did you see? Did you ask God what he saw? My wife reminds my daughter all the time, “You are a beauty to behold, a beautiful child of God.” I have to admit I need to hear that as much as my daughter. But, unfortunately, the reality is this; if we are not attending to the affirming words of God, then we are hearing the condemning words of the devil. There is nothing more discouraging than to listen to these words over and over, “You’re not beautiful,” “You’re ugly, no one would want you.” These words come straight from the pit of hell. They simply aren’t true. So why do we buy into them?



Why do we practice these self-defeating words which shatter our souls and bring us into the pit of despair?

As Christians, we need to look at ourselves and see that God loves us for who we are; that includes our minds, bodies, and souls. We must look at the outward and see how God loves us from the inside out. We must fight the negative thoughts we have about our bodies and turn to God. I struggle with this every day. In my self-talk, I want to be a beautiful man. The reality is I am. The fact is that what is on the inside shines out in my life every day. I need to get over the appearance issues of seeing a morbidly obese body to understand that God affirms me just as I am.

“I need to get over the appearance issues of seeing a morbidly obese body to understand that God affirms me just as I am.”

Each day we get to wake up is an opportunity to see God differently. It is an opportunity to stand in front of a mirror and see what God sees. It’s not about vanity. It’s about being a supernatural being in a very human world. We are beautiful creatures, and we need to love every inch of our bodies, whether or not they are perfect in our eyes.

If we don’t see ourselves as God sees us, we will be doomed to a life of misery and never measure up. When Jesus has baptized, the heavens opened up, and the Holy Spirit fell upon him when he came up out of the water. God said, “This is my Son the Beloved; listen to him.” We are beloved, and we should be listening to Jesus’ words. They are words of affirmation and grace, and each time Jesus meets people in need, he affirms their humanity. He sees them as necessary and beautiful. He sees them as in need of a touch of grace.

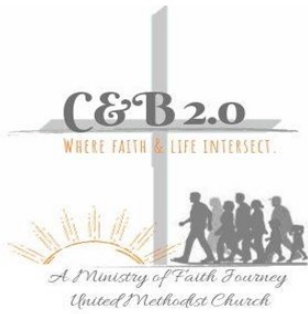
Do you need a touch of grace today?

Here are these words from the Communion Liturgy, Jesus said, “This is my body which is broken for you.” “This is my blood which is shed for you.” Jesus’ body was broken, and his blood was shed that we might have life and have it abundantly. So, stop looking in the funhouse mirrors and start looking into the face of God and seeing the reflection of the beloved child that you are. You are more than you think! You are the pinnacle of God’s creation!

This piece isn’t easy for me to write. It is tough to put myself out there; my hope is in doing so, you might find God in a way that you have not known God before. I want to invite you to call me at 716.485.6246, and I would be honored to share more of my story with you. Stay alert for more to come about this serious subject. Go with God, go in peace to love and serve the Lord.

In Christ,

Rev. Daniel J. Bradley



Cradle & Beyond 2.0

7778 Brewerton Road

Location:

7778 Brewerton Rd.
Cicero, NY 13039
(Across from the Coppertop
and next to Dunkin Donuts)

Store hours:

Tuesday 4 pm - 7 pm
Wednesday 10 am - 4 pm
Thursday 10 am - 4 pm
Saturday 10 am - 2 pm

Donation Drop-off days/times:

Donations are accepted
Tuesdays from 9 am - 11 am
And anytime the store is open!

C&B will be having a Post-Thanksgiving Extravaganza sale on Friday 11/26 10-4 and Saturday 11/27 10-2. Stay tuned for more details. October was a great month. Since January 2021, C&B has tithed \$2171 to UMC shared ministries. We anticipate tithing \$2500 for the year and had challenged members of FJUMC in January to match the monthly gifts - good news is, there are still two months left for members to meet the challenge by the end of 2021. This is an exciting challenge that was established via a conversation with the C&B committee and FJUMC leaders - please help us meet the goal of contributing \$5000 to UMC shared ministries - we can do this with your help :)



C&B will be closed from 12/23/21-1/4/22 so that our amazing volunteers can spend time with their families and some updates / work can be done in the building while not disturbing our customers' shopping experience.

POST-THANKSGIVING *Extravaganza*

Friday, November 26th & Saturday, November 27th
10:00 a.m. – 4:00 p.m.

CRADLE & BEYOND 2.0 - 7778 BREWERTON RD. CICERO, NY 13039

What's Happening

November:

November 1st - All Saints' Day

November 2nd - Make It Happen Meeting, 6:30pm @ FJUMC

November 7th - Daylight Saving Time Ends

November 11th - Veteran's Day

November 11th - Mary Circle, 1 pm @ FJUMC

November 11th - Dream Team Meeting, 7pm @ FJUMC

November 16th - Trustees Meeting, 7pm @ C&B building

November 23rd - Thanksgiving Worship Service, 7pm

November 25th - Thanksgiving Day

November 26th & 27th - Post-Thanksgiving Sale, 10am - 4pm @ C&B 2.0

November 28th - United Methodist Student Day

Thanksgiving Bag Challenge

FILL EACH BAG WITH:

**JUICE
BOXED POTATOES
STUFFING MIX
CANNED VEGETABLES
CANNED FRUITS
DESSERT MIX
\$10 DONATION FOR MEAT**

**BAGS ARE AVAILABLE ON THE TABLE IN THE LOBBY,
DROP OFF BAGS MONDAY - FRIDAY (8AM-12PM)
OR ON SUNDAY MORNINGS AT FAITH JOURNEY UMC**

**PLEASE DROP OFF BAGS BY SUNDAY,
NOVEMBER 14, 2021 TO FAITH JOURNEY,
8396 MORGAN RD. CLAY, NY 13041**

THANKSGIVING WORSHIP SERVICE

**Tuesday, November 23rd
7:00 p.m.**

**Join us in
Worship**

**Faith Journey UMC
8396 Morgan Rd.
Clay, NY 13041**



**Do you want to sing or play
an instrument?**

We are welcoming anyone interested in singing or playing an instrument to join the worship team during 9:30 service. Practice is every Sunday morning at 9:00am in the sanctuary. Please contact Jake Melnyk at roadoutofhere@gmail.com for info.

MARY CIRCLE

Mary Circle is resuming meeting on Thursday, November 11th at 1:00 pm in Fellowship Hall



November



SCRIPTURE OF THE MONTH - NOVEMBER - "GRATEFUL AND GENEROUS"

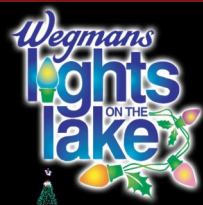
"You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God."

- 2 Corinthians 9:11



November - Happy Thanksgiving!

I can't believe it's November already and the holidays are right upon us! I haven't even begun holiday shopping yet, so that's on my to-do list! I am excited for Thanksgiving and Christmas and hopeful they will be better than last year because they will be in-person. I know a lot of family gatherings were cancelled or done virtually last year, so this year should be extra special during the holidays and feel a little more back to normal. Halloween was fun, we dressed up as the Addams Family and attended a small Halloween party. I recently joined a book club, so I've been reading on my free time and I'm almost done with the first book, we have decided to meet via zoom once a month for now. I'm excited for Thanksgiving and Christmas, and wish you all a happy and healthy begin to the holiday season!



NOVEMBER 15, 2021 - JANUARY 14, 2022
ONONDAGA LAKE PARK, LIVERPOOL / 5PM - 10PM

TICKET PRICING

VEHICLE CAR-LOAD
(VEHICLE CAPACITY 16 OR LESS)

MONDAY & TUESDAY - \$6

WEDNESDAY & THURSDAY - \$10

FRIDAY, SATURDAY & SUNDAY - \$20

MINI-BUS - \$24
(VEHICLE CAPACITY 17-25)

MOTORCOACH - \$75
(VEHICLE CAPACITY 26+)

Early Bird Tickets

DISCOUNT TICKETS AVAILABLE FOR A LIMITED TIME
ONLINE SALES ONLY / WHILE SUPPLIES LAST

\$5 MONDAY - THURSDAY / \$15 FRIDAY - SUNDAY

USE CODE "LOLSANTA" FOR DISCOUNT

ADMISSION IS ONLINE SALES ONLY
VEHICLE PASSES MUST BE PURCHASED IN ADVANCE

WWW.LIGHTSONTHELAKE.COM

Lights on the Lake is a two mile long drive-thru show featuring towering holiday displays, larger than life Land of Oz, a twinkling fantasy forest, colorful section arches, memorable animated scenes and a fairy tale magic grand finale! Visitors drive through the show while listening to the wonderful sounds of the season on Sunny 102.1

Date: November 15, 2021 - January 14, 2021

Time: 5 PM - 10 PM

Location: Onondaga Lake Park, 106 Lake Dr. Liverpool, NY 13088

Tickets: MON&TUES \$6, WED&THURS \$10, FRI,SAT&SUN \$20 Tickets are limited and sold by the day, tickets must be purchased online at lightsonthelake.com

Early Bird Tickets

Discount tickets available for a limited time

Online sales only / while supplies last

\$5 MONDAY - THURSDAY / \$15 FRIDAY - SATURDAY

Use code "LOLSANTA" for discount

BIBLE TRIVIA

Fruit of the Vine

1. What did Paul recommend as a substitute for wine?
2. Who was called a glutton and a wine guzzler?
3. What prophet spoke of God putting Israel into a winepress?
4. What part of the body did Paul recommend wine for?
5. Where was the one place the priest could not enter after drinking wine?
6. What group of Israelites was never supposed to drink wine?
7. According to Paul's advice, what church official must not be a wine drinker?
8. What was mingled with the wine Jesus was offered on the cross?
9. What judge threshed wheat by his winepress to hide it from the Midianites?
10. According to Jesus, what do people prefer, old wine or new wine?
11. What kind of person, according to Proverbs, should be given wine?
12. According to what Jesus said at the Last Supper, when would he drink wine again with his disciples?
13. Who murdered the Midianite Zeeb at his winepress?
14. How many jars of water did Jesus turn into wine?
15. What, according to Jesus, happens when new wine is put into old wineskins?
16. What drinkers did Isaiah condemn?

Under the Influence

1. What husband, the victim of David's adulterous scheming, was made drunk by the king?
2. What man was seduced by his daughters while he was drunk?
3. Who dropped dead as a stone on hearing bad news the morning after being drunk?
4. What virtuous man, who later married a virtuous woman, fell asleep in a heap of grain after eating and drinking?
5. This king of Israel, who ruled barely two years, was assassinated while drunk. Who was he?
6. What Syrian king was getting drunk at a time when he was supposed to be making war on the Samaritans?
7. Nehemiah waited until this Persian king was softened up with wine before he asked the king to let the Jews return to their homeland. Who was the king?
8. What Persian queen refused to obey her drunken husband's order that she appear before his besotted guests?
9. Job's sons and daughters were so busy eating and drinking that they failed to notice that disaster was about to strike. What killed them?
10. The arrogant Babylonian king Belshazzar, drunk at his feast committed an outrage when he asked for new drinking vessels to be brought in. What were these vessels that led to so much trouble for the king?

⇒ *Answers are located on the bottom of Page 9*



We are excited to announce Faith Journey UMC has successfully launched an APP and it's available to download now!

The application features information like monthly newsletters, food pantry, worship resources, calendar of events, online giving, and a section to submit prayer requests.

The APP is still a work in progress and I would love any ideas for new pages or sections, let me know if you have any suggestions of things you would like to see featured!

There are two ways to get the app, 1. Scan the QR code with your smart phone or 2. submit your email address to receive a download link.

The link and QR code to download the Faith Journey UMC Application are below:

Website Link: <https://cms.instantapps.com/promo/u002232>

QR Code:



NOVEMBER SCRIPTURE WRITING PLAN

November Scripture Writing Plan



Each of the scriptures below takes ten minutes or less to copy out.
Commit to spending ten minutes each day listening to God's voice
and Connect with the word!

Day 1 - Genesis 17:1-5

Day 2 - Genesis 17:6-9

Day 3 - Matthew 1:17

Day 4 - John 1:1-15

Day 5 - John 1:9-13

Day 6 - Matthew 3:16-17

Day 7 - Matthew 6:33

Day 8 - Matthew 7:13

Day 9 - John 14:5-7

Day 10 - Matthew 12:46-50

Day 11 - Matthew 16:15-18

Day 12 - Matthew 28:18-20

Day 13 - Luke 24:22-24

Day 14 - Acts 2:22-24

Day 15 - Acts 2:36

Day 16 - Acts 2:37-39

Day 17 - Acts 2:41

Day 18 - Acts 2:42-43

Day 19 - Acts 2:44-45

Day 20 - Acts 2:46-47

Day 21 - Acts 4:32

Day 22 - Acts 9:31

Day 23 - 1 Corinthians 12:4-7

Day 24 - 1 Corinthians 12:21-23

Day 25 - 1 Corinthians 12:24-26

Day 26 - Galatians 5:19-21

Day 27 - Galatians 5:22-25

Day 28 - Ephesians 4:1-3

Day 29 - Ephesians 4:4-6

Day 30 - Ephesians 4:31-32

Bonus - Titus 3:3-7

What are Scripture Writing Plans?

Scripture Writing plans are something you can do every day and it will help you in your journey with God. Get your bible out and write out the scripture for that day. It is a proven fact that when you write something down it resonates more fully than just reading it. So, write it out and speak those words into reality, this will also help with memorization of the word of God and your daily walk with Him.

Open my eyes that I may see wonderful things in your law.

- Psalm 119:18





11/1/2021: 12:15 p.m. - 7:30 p.m., Liverpool Blood Donation Center, 7359 Oswego Road
11/2/2021: 1 p.m. - 6 p.m., First United Church, 823 Franklin Park Drive
11/2/2021: 7:45 a.m. - 2:45 p.m., Liverpool Blood Donation Center, 7359 Oswego Road
11/3/2021: 12:15 p.m. - 7:30 p.m., Liverpool Blood Donation Center, 7359 Oswego Road
11/4/2021: 7:45 a.m. - 3 p.m., Liverpool Blood Donation Center, 7359 Oswego Road
11/4/2021: 10 a.m. - 3 p.m., Syracuse City Hall, 201 East Washington Street
11/5/2021: 7:45 a.m. - 3 p.m., Liverpool Blood Donation Center, 7359 Oswego Road
11/6/2021: 7:45 a.m. - 3 p.m., Liverpool Blood Donation Center, 7359 Oswego Road
11/6/2021: 8 a.m. - 1 p.m., Dewitt Community Church, 3600 Erie Blvd. East
11/7/2021: 7:45 a.m. - 2:45 p.m., Liverpool Blood Donation Center, 7359 Oswego Road
11/8/2021: 12:15 p.m. - 7:30 p.m., Liverpool Blood Donation Center, 7359 Oswego Road
11/8/2021: 11:30 a.m. - 4 p.m., North Syracuse Community Center - LSL, 700 South Bay Rd
11/9/2021: 1 p.m. - 6 p.m., Abundant Life Christian Center, 7000 All Nations Blvd.
11/9/2021: 7:45 a.m. - 2:45 p.m., Liverpool Blood Donation Center, 7359 Oswego Road
11/10/2021: 12:15 p.m. - 7:30 p.m., Liverpool Blood Donation Center, 7359 Oswego Road
11/10/2021: 10 a.m. - 4 p.m., SU Schine Student Center, Waverly Ave.
11/13/2021: 8 a.m. - 1 p.m. at St Mary's Church, 44 North Main St
11/15/2021: 11 a.m. - 4 p.m. at CNY Living History Museum, 4386 US Route 11
11/23/2021: 10 a.m. - 2 p.m. at Cortland YMCA, 22 Tompkins Street



Check out our new fridge and mini cooler!

A big thank you to the memorial committee for donating the money to purchase a new fridge and mini freezer for the kitchen downstairs.





RecipeCorner

Do you have any recipes to share? I would love to feature your recipes in the monthly newsletter! Leave a recipe on my desk, in the offering plate or email the office at fjoffice@fjumc.org



Healthy Peanut Butter Banana Muffins

<https://bromabakery.com/healthy-peanut-butter-banana-muffins/>

Recipe by: SOFI, Broma Bakery



INGREDIENTS

- ♦ 3 large ripe bananas
- ♦ 1/2 cup natural peanut butter
- ♦ 4 tablespoons honey
- ♦ 2 eggs
- ♦ 2 teaspoons vanilla extract
- ♦ 1 1/4 cups oat flour*
- ♦ 1 tablespoon baking powder
- ♦ 1/2 teaspoon salt
- ♦ 1 cup dark chocolate chips

DIRECTIONS

These yummy muffins are made with just 10 ingredients, they are gluten free and packed full of protein, and the chocolate chips are a delicious bonus!

1. Preheat your oven to 425 degrees F.
2. Line a muffin tin with 12 muffin cups, spray the muffin cups with an oil-based spray, set aside.
3. In a large bowl, combine the bananas, peanut butter, honey eggs, and vanilla, stir until well combined.
4. Continue by adding the oat flour, baking powder, and salt and fold to combine.
5. Add the chocolate chips while making sure to not over mix.
6. Scoop batter into prepared muffin cups, filling just shy of the top of the cups. Bake for 5 minutes at 425, then without opening your oven door, turn the oven down to 350 and bake for an additional 15 minutes.
7. Remove from oven and allow to cool for 10 minutes, before transferring to a wire rack to cool completely.

**If you don't have oat flour on hand, you can make your own by placing 1 1/4 cups of oats in a blender or food processor and pulsing until the consistency of flour!*

Prep Time: 5 mins.
Cook Time: 20 mins.
Total Time: 25 mins.
Makes: 12 muffins



CROP HUNGER WALK

ENDING HUNGER ONE STEP AT A TIME



Dear Friends and Supporters of the 2021 CROP walk,

The Greater Syracuse CROP walk planning team wants to thank each and every one of our walkers as well as each organization that participated in this year's walk. Given the issues related to the pandemic and the terrible weather we really have no idea how many people in total walked on Sunday. We had between 35-50 walkers at Onondaga Park. It was so wonderful to see so many of you in person!



We know that some groups chose to do the virtual walk in their neighborhoods or scheduled their walk on a non-rainy day. It's so great that we were able to offer that as an option to help everyone be safe and feel safe. Thank you to those that chose to participate virtually and don't forget to send any pledges to our Greater Syracuse CROP Walk Treasurer, Amy Bobbette, as soon as possible. Remember the money should come as a check made out to CWS/CROP.

Amy's address is: 7496 Woodstream Terrace, North Syracuse, NY. 13212.

You should know that according to our Walk page we have received over \$8,500 at this point. We are rather certain that we will break \$10,000 which is not our goal of \$15,000, but for which we are most grateful.

We'd like to try to raise \$1,000 more towards our goal. \$1,000 would provide a little over 13 "welcome home meals" to refugee families arriving into our country. The first night a refugee family arrives in the United States can be overwhelming. They've waited for this moment for years, but the journey to get home is exhausting.

By raising these additional funds, we can also increase the funds donated to our 9 local organizations. Let us know if you can help us go the second mile and reach this extra \$1,000 raised for our Walk. Thanks to each one of you for your participation and support of this year's walk. We will let you know the final total once we have received all the funds. Once again, Thanks so very much.

Blessings, The Greater Syracuse Area CROP Walk Planning Team

Dave Allen, Amy Bobbette, Bob Graves, Paul Herpich, Sharon Jerge, Jeff Laduca, Kathy Laduca, Erin Luchenbill, Nancy Wagner and Lisa Willey



The Liverpool Turkey Trot began 7 years ago when just 100 runners lined up to get past the finish line before they enjoyed a day full of turkey, family and fun. The annual event has grown with each passing year and has now become one of the largest and most festive events in CNY. The Turkey Trot is back this year for a hybrid event with proceeds helping to feed the hungry. Participants

are invited to run, walk or trot in the 5K race either in-person or virtually. The partnership with the Food Bank of CNY will also continue this year. Packet pickups will be on 11/22 and 11/23 from 5pm-8:30pm @ The Home Team Pub in Liverpool. The race begins at 9:00 a.m. on Thanksgiving Day (11/25) near Griffin's Visitor Center under 'Lights on the Lake'(106 Lake Drive, Liverpool, NY 13088). Learn more on how to register, participate, volunteer and donate at **LiverpoolTurkeyTrot.com**.

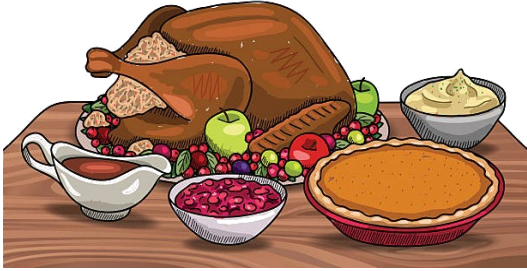
Bible Trivia Answers: 1. The Holy Spirit, 2. Jesus, 3. Isaiah, 4. The stomach, 5. The tabernacle, 6. The Nazarites, 7. A bishop, 8. Myrrh, 9. Gideon, 10. Old wine, 11. The sad or afflicted person 12. When the kingdom had come, 13. Gideon's army, 14. Six, 15. The wineskins burst, 16. Those who start early in the morning / 1. Uriah, the husband of Bathsheba, 2. Lot, 3. Nabal, Abigail's husband, 4. Boaz, husband of Ruth, 5. Elah 6. Ben-hadad, 7. Artaxerxes, 8. Vashti, 9. A great wind storm, 10. Vessels from the temple of Jerusalem

NOVEMBER 2021

| | Mon | Tue | Wed | Thu | Fri | Sat |
|---|----------------------------|---|--|--|---|---|
| | 1 <i>All Saints Day</i> | 2 <i>Make It Happen meeting, 6:30pm @ FJUMC</i> <i>Election Day</i> | 3 9:30 AM - Prayer & Holy communion in sanctu- | 4 9AM - 12PM - Workday @ New Building | 5 | 6 9AM - 12PM - Workday @ New Building. |
| 7 <i>*Communion</i> <i>Daylight Saving Time Ends</i> | 8 | 9 | 10 9:30 AM - Prayer & Holy communion in sanctu-ary. | 11 <i>Veterans Day</i> <i>Dream Team meeting, 7pm</i> <i>Mary Circle, 1pm @ FJUMC</i> | 12 <i>Prayer Meeting, 7pm @ FJUMC</i> | 13 9AM - 12 PM - Workday @ New Building |
| 14 | 15 | 16 <i>Trustee's Meeting, 7pm @ C&B Building</i> | 17 9:30 AM - Prayer & Holy communion in sanctu- | 18 9AM - 12PM - Workday @ New Building | 19 | 20 9AM - 12PM - Workday @ New Building |
| 21 | 22 | 23 <i>Thanksgiving Worship Service, 7pm</i> | 24 9:30 AM - Prayer & Holy communion in sanctu-ary. | 25 <i>Thanksgiving</i> 9AM - 12PM - Workday @ New Building | 26 <i>Post-Thanksgiving Sale, 10am-4pm @ C&B 2.0</i> | 27 <i>Post-Thanksgiving Sale, 10am-4pm @ C&B 2.0</i> 9AM - 12PM - Workday |
| 28 | 29 | 30 | | | | |
| <p align="center"><u>In-Person and Online Worship Service:</u></p> <p align="center">Join us in-person or watch us live every Sunday at 10 am on Facebook www.facebook.com/faithjourneyumccclaynorthsyracuse</p> <p align="center"><u>Sermons also available on:</u></p> <p align="center">Faithjourneyumc.libsyn.com or https://www.vimeo.com/channels/fjumc</p> | | | | | | |



FoodPantry



For the month of **NOVEMBER**, we will be collecting Thanksgiving Bags for North Syracuse Christian Church's Food Pantry, Brown UMC and Phoenix Food Pantry. Items include *boxed potatoes, stuffing mix, canned vegetables, canned fruits, dessert mix, juice and \$10 meat donation*. Bags are available in the lobby with a meat donation envelope inside. Please return bags to Faith Journey by 11/14. Thank you for your support!

*Bring the spirit of Thanksgiving
to local families*



Seek

.....
We seek God's presence in our lives, to help others in their relationship with God and to strive to see God's work through all people.

Serve

.....
We serve God through mission, encourage everyone on their spiritual journey and follow the teachings of Jesus Christ.

Share

.....
We create opportunities for all to share their gifts and talents and demonstrate openness, acceptance and hospitality.

God With Others

Office Location:

8396 Morgan Road
Clay NY 13041

Contact Information:

Phone: (315) 652-9186 or
(315) 458-0890

E-Mail: fjoffice@fjumc.org

Website: www.fjumc.org

Faith Journey UMC Staff:

Pastor Rev. Daniel J. Bradley

Maryna Mazhukhova - Musician

Daniel Williams - Musician

Jake Melnyk - Musician

Sara Mertz - Office Manager

Sean Townsend - Custodian