

Pastor's Page



"A hungry God..." (Part 1) 4:1 Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. 4:2 After he fasted forty days and forty nights he was famished. 2 4:3 The tempter came and said to him, "If you are the Son of God, command these stones to become bread. 2 4:4 But he answered, 4 "It is written, 'Man does not live by bread alone, but by every word that comes from the mouth of God.'" - Matthew 4:1-4

Dear Friends:

Below is an entry from my journal. It is a tough read. Please know that when I share this I am sharing a piece of my soul. Please handle with care. God Bless.

This past spring, I shared with the congregation in one of my sermons about my eating disorder. It was tough for me to do, but I had to because I believe that when you can speak to a disorder, you take its power away. Eating disorders are a grave thing. They can lead to malnutrition, morbid obesity, diabetes, and even early death.

As a people, we are consumed with vanity. We crave the approval of others and desire to be beautiful. Our image maker in our mind is broken. We see too many air-brushed images of celebrities. "Oh, if I could just look like him or her." We try everything, diet, exercise, pills, and nothing changes. We binge and starve ourselves to the point of becoming bulimic and anorexic. We terrorize our bodies because we don't know what we are missing. We can't see the disease of the "yo-yo diet," Every time we look in the mirror, we become more disgusted with what we see. We see a sagging stomach and stretch marks. We see the scars of surgeries past and wonder how anyone could love this body. So we hide in shame in oversized clothes and go on about our lives, thinking nothing will change.

We assume that if we don't like our body that God must not like us either. So what's the point of a relationship with God?

All of what I have shared so far are parts of my story. They are the gut-wrenching honest to God truth. If we can't be comfortable with our bodies, how could we be satisfied with a God who made, formed, and created us to be in the image of God? How we see ourselves matters. How God sees us matters. If we can't look in the mirror and say, "this is my body...then how can we appreciate the meal of Holy Communion in which we are asked to feast on Christ's body and blood."

Each of us has a story to tell—a story of pain, suffering, and anxiety. Traumas from the past haunt us when not dealt with and shape our very being. We react to trauma in ways that we could not possibly imagine. We do and say things that we know aren't right. We are, in a sense struggling against the traumatic experience that has driven us to abuse our bodies. Depression is anger turned inward. We can not face trauma, depression, and other mental disorders with just prayer. It takes the skilled teamwork of physicians, therapists, and God to help break the cycles of generational trauma.

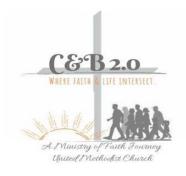
I have known the shame of being "fat". I have been called names, teased, and laughed at behind my back. As an adult, I have felt the embarrassment of struggling to fit in an airplane seat or accidentally breaking a chair. I have been ridiculed in the workplace and made to feel inferior. It's time for me to take back the power. It's time for me to do more than I am to change this course and direction. It's time for me to get serious about loving myself as much as I love to eat fast food. It's time to become comfortable in my skin. Jesus knew what it was to be tempted. He was tempted in the wilderness to feed his flesh, but yet he resisted. It wasn't easy, but Jesus knew everything hung on these moments. Today, I want to challenge you to stand in front of a full-body mirror and just look, don't judge. Invite God into that space and seek the counsel and the wisdom of God. Remember, you are a human being; cut yourself some slack. It's going to take time to retrain your brain.

I want you to know that you are not in this alone. I am here for you and will be praying for you daily. Please call me at 716-485-6246 or come to the office and visit me. I would be honored to share my story with you. Remember, God, hungers for a relationship with you. God desires for a faithful expression of his grace in your life.

In Jesus Name.

Rev. Daniel J. Bradley

w. Daniel I Smally



Cradle & Beyond 2.0 7778 Brewerton Road

Location:

7778 Brewerton Rd.
Cicero, NY 13039
(Across from the Coppertop

and next to Dunkin Donuts)

Store hours:

Tuesday 4 pm - 7 pm Wednesday 10 am - 4 pm Thursday 10 am - 4 pm Saturday 10 am - 2 pm

Donation Drop-off days/times:

Donations are accepted

Tuesdays from 9 am - 11 am

And anytime the store is open!





Drive by to check out our new 'facelift' then stop in for some amazing shopping deals!



IT'S A SPOOKTACULAR

BUCKET SALE

TUESDAY, OCTOBER 26TH / 4 P.M. - 7 P.M. WEDNESDAY, OCTOBER 27TH / 10 A.M. - 4 P.M. THURSDAY, OCTOBER 28TH / 10 A.M. - 4 P.M. SATURDAY, OCTOBER 30TH / 10 A.M. - 2 P.M.

CRADLE & BEYOND 2.0
7778 BREWERTON RD. | CICERO, NY 13039

Fill a 4 gallon bucket for just \$5.00



October:

October 3rd - Special Sunday, World Communion Day

October 8th - Prayer meeting, 7 pm @ FJUMC

October 14th - Dream Team meeting, 7 pm @ FIUMC

October 14th - Mary Circle, 1 pm @ FJUMC

October 17th - CROP Walk, 12:30-3:30pm

October 23rd - Roast Beef Dinner, 4 pm-sold out @ FJUMC

October 26th, 27th, 28th & 30th - Bucket Sale @ C&B 2.0

October 31st - Halloween



Saturday, October 23, 2021 4:00 p.m. - until sold out

MENU: ROAST BEEF, MASHED POTATOES, GRAVY, CORN, TOSSED SALAD, ROLL & BUTTER, AND HOMEMADE PIE OR CAKE

DONATION: ADULTS \$12.00 / CHILDREN (HALF PORTION) \$6.00

Faith Journey United Methodist Church 8396 Morgan Rd. Clay, NY 13041 Phone: (315) 652-9186

Email: FJOFFICE@FJUMC.ORG

www.facebook.com/faithjourneyumcclaynorthsyracuse

MARY CIRCLE



The Circle's Purpose:

Mary Circle helps grace the church in many and all ways, support mission projects of the church and those abroad, prepare "our" table with desserts of

pies, breads, cookies, etc. - as well as our "Scrubbies" handmade articles - in concert with our two Roast Beef Dinners. This table is our main source of income to work with.

Please know we welcome any and all adult women to join us. Please consider joining us for lively conversation, short devotions, dessert, then onto business.

Contact Eileen Amidon - (515) 715-4571 or any Circle member if you have any questions.

Do you want to sing or play an instrument?

We are welcoming anyone interested in singing or playing an instrument to join the worship team during 9:30 service. Practice is every Sunday

morning at 9:00am in the sanctuary. Please contact Jake Melnyk at <u>roadoutofhere@gmail.com</u> for info.

MARY CIRCLE

Mary Circle is resuming meeting on Thursday, October 14th at 1:00 pm in Fellowship Hall

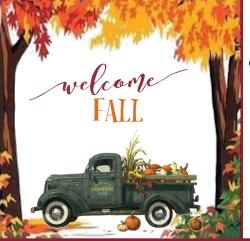


SCRIPTURE OF THE MONTH - OCTOBER - "THE NIGHT SKY"

"When I look at your heavens, the work of your fingers, the moon and the stars that you have established; what are human beings that you are mindful of them, mortals that you care for them?"

- Psalm 8:3-4





October

The month of September flew by so quickly, I don't have much to report on other than things are going well. I have a couple of things in the works for October, I've already been invited to a Halloween party and my husband, Kyle has time off from work so we will finish up any last minute projects around the house before winter. We completed our front porch and back deck, changed out some old wood and added railings, next spring/summer we will finish by staining them. I'm excited to check out Tim's Pumpkin Patch, go apple picking and maybe go to a haunted house or hayride if they are back to fully operating all the fun fall festivities! Stay safe and enjoy the month!



CNY's enchanted drive-thru experience, Dunkin' HALLOW-EEN AT THE PARK is coming back this year!

In the off-season we worked hard to build more Halloween themed displays & will be adding three new sections this year! Every vehicle will receive a coupon for a 1/2 dozen Dunkin' donuts (given out at the event). Plus this year you can upgrade your order to get a Pumpkin face LED wand so that children can be part of the Halloween light show! Halloween At The Park is presented by AmeriCU Credit Union & Upstate Golisano Children's Hospital.

Date: Every night starting October 1st - October 31st

Time: 7:00 PM - 10:00 PM

Location: Jamesville Beach Park, 3992 Apulia Rd. Jamesville, NY 13078

Tickets: \$10 Sunday- Thursday and \$15 Friday - Saturday

Vehicle passes must be purchased in advance by the date at halloweenatthepark.com

BIBLE TRIVIA

Supernatural Journeys

- **1.** What prophet was able to travel for forty days on the strength from just a cake and some water?
- 2. Elijah and Elisha walked across the Jordan river on dry ground after Elijah struck the waters with what?
- **3.** Elijah outran a king's chariot, running all the way from Mount Carmel to Jezreel, almost ten miles. Who was the king?
- 4. How was Elijah taken up into heaven?
- **5.** Israel crossed the Red Sea on dry ground and also crossed a river on dry ground. Which river?
- 6. What carried Philip from Gaza to Azotus?
- 7. What two people walked on water in the midst of a storm?
- **8.** Who took Jesus to a pinnacle of the temple in Jerusalem?
- **9.** Ezekiel was lifted up by a spirit, which held him between earth and heaven. What was the spirit holding on to?
- **10.** Who was taken up into heaven in the sight of his followers?
- **11.** What man knew someone who had been caught up to the third heaven?

Supernatural Fire

- **1.** What two sinful cities were destroyed by fire and brimstone from heaven?
- 2. When the Israelites were wandering in the wilderness, what did they follow by night?
- **3.** According to Daniel, this astonishing person has a throne like a fire of flame. Who was he?
- 4. What did the seraph touch the trembling Isaiah's tongue with?
- **5.** According to Revelation, where is the place reserved for those whose names are not in the book of life?
- **6.** What did the cherubim use to guard the entrance to Eden?
- 7. How did God first appear to Moses?
- **8.** What strange phenomenon accompanied the plague of hail in Egypt?
- 9. What mountain did the Lord descend upon in fire?
- **10.** What two sons of Aaron were devoured by fire for making an improper offering to the Lord?
- **11.** How did God deal with the Israelites who were complaining about their misfortunes in the wilderness?
- **12.** What judge of Israel was visited by an angel whose staff caused meat and bread to be consumed by fire?
- **13.** How did Elijah respond to an army captain's summons to present himself to King Ahaziah?
- 14. What two men saw a chariot of fire drawn by horses of fire?
- **15.** Where, in answer to Elijah's prayer, did fire from the Lord consume both the sacrifice and the altar?
- ⇒ Answers are located on the bottom of Page 9



In 2021, we will continue to fight against the challenges of disease, disaster, displacement and other concerns that leave people hungry.

Join with us as we raise funds to help neighbors near and far get the meals they need today and sustainable food security for tomorrow. So far we have raised \$65 in online donations and \$75 in Facebook donations or reported cash and checks!

Date: Sunday, October 17, 2021 Starts at: 12:30 PM Ends at: 3:30 PM

Location: CROP Hunger Walk Syracuse, NY 13212

Registration: https:// events.crophungerwalk.org/2021/ event/syracuseny

Option 1 is the Park Option where teams will be able to walk together at Onondaga Park just as we have done in previous years. Registration will follow all state and health guidelines and we have put together protocols to mitigate any virus issues should that still be needed by the walk date. We will not be serving soups/stews this year due to Covid concerns. Pre-packaged food such as oranges and granola bars may be offered (TBD).

Option 2 is a Virtual Option where walkers/teams can walk in whatever location they want and any day they want before 10/17/2021. All cash money raised will need to be turned in and virtual donations should be entered 10/17/21.

Paper packets will be located on the table in the lobby.





OCTOBER SCRIPTURE WRITING PLAN

October

Scripture Writing Plan



Each of the scriptures below takes ten minutes or less to copy out. Commit to spending ten minutes each day listening to God's voice and Connect with the word!

Day 1 - Genesis 8:20-22

Day 2 - Matthew 9:35-38

Day 3 - 2 Corinthians 9:10-15

Day 4 - Leviticus 26:3-5

Day 5 - Psalm 67:1-7

Day 6 - Isaiah 62:6

Day 7 - Jeremiah 5:22-24

Day 8 - Exodus 23:10

Day 9 - Revelation 14:13-16

Day 10 - Galatians 6:6-10

Day 11 - Matthew 13:24-30

Day 12 - Luke 10:1-4

Day 13 - Mark 4:26-29

Day 14 - John 4:34-38

Day 15 - 1 Corinthians 9:9-11

Day 16 - Hebrews 12:7-11

Day 17 - James 3:15-18

Day 18 - Matthew 13:36-43

Day 19 - Matthew 24:3-8

Day 20 - Luke 1:41-45

Day 21 - 1 Corinthians 15:22-28

Day 22 - Galatians 4:4-7

Day 23 - Philippians 1:3-6

Day 24 - James 1:13-18

Day 25 - 1 John 4:11-14

Day 26 - 1 John 4:15-19

Day 27 - Ezra 1:1-4

Day 28 - Daniel 8:23-26

Day 29 - Matthew 5:17-20

Day 30 - 2 Corinthians 8:9-11

Day 31 - Revelation 20:6-14

What are Scripture Writing Plans?

Scripture Writing plans are something you can do every day and it will help you in your journey with God. Get your bible out and write out the scripture for that day. It is a proven fact that when you write something down is resonates more fully than just reading it. So, write it out and speak those words into reality, this will also help with memorization of the word of God and your daily walk with Him.



Open my eyes that I may see wonderful things in your law.

- Psalm 119:18



Carve out a new tradition.

Give Blood!





The U.S. faces a severe blood supply shortage, and the Red Cross urges people of all blood types to donate.

People who donate blood, platelets or plasma during October will receive an offer for a free Zaxby's signature sandwich. Donors who don't live near a Zaxby's can receive a \$5 e-gift card to a merchant of their choice.

Here are the Red Cross blood drives coming up in the Syracuse area in the next few weeks:

Liverpool - 10/2/2021: 7:45 a.m. - 2:45 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Liverpool - 10/3/2021: 8 a.m. - 2:45 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Liverpool - 10/4/2021: 12:15 p.m. - 7:30 p.m., Liverpool Blood Donation Center, 7359 Oswego Road East Syracuse - 10/5/2021: 1 p.m. - 6 p.m., First United Church, 823 Franklin Park Drive Liverpool - 10/5/2021: 7:45 a.m. - 2:45 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Liverpool - 10/6/2021: 12:15 p.m. - 7:30 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Liverpool - 10/7/2021: 7:45 a.m. - 3 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Liverpool - 10/8/2021: 7:45 a.m. - 3 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Liverpool - 10/9/2021: 7:45 a.m. - 3 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Syracuse - **10/9/2021**: 8 a.m. - 1 p.m., Destiny USA, 9090 Destiny USA Drive Liverpool - 10/10/2021: 7:45 a.m. - 2:45 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Liverpool - 10/11/2021: 12:15 p.m. - 7:30 p.m., Liverpool Blood Donation Center, 7359 Oswego Road East Syracuse - 10/12/2021: 1 p.m. - 6 p.m., Abundant Life Christian Center, 7000 All Nations Blvd. Liverpool - 10/12/2021: 7:45 a.m. - 2:45 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Liverpool - 10/13/2021: 12:15 p.m. - 7:30 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Syracuse - 10/13/2021: 10 a.m. - 3 p.m., Syracuse City Hall, 201 East Washington Street Liverpool - 10/14/2021: 7:45 a.m. - 3 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Liverpool - 10/15/2021: 8 a.m. - 3 p.m., Liverpool Blood Donation Center, 7359 Oswego Road Syracuse - 10/15/2021: 1 p.m. - 7 p.m., Dewitt Community Church, 3600 Erie Blvd. East



Do you have any recipes to share? I would love to feature your recipes in the monthly newsletter! Leave a recipe on my desk, in the offering plate or email the office at fjoffice@fjumc.org



Apple Fritter Breakfast Cake

https://courtneyssweets.com/apple-fritter-breakfast-cake/

Recipe by: Courtney



INGREDIENTS

Cake Ingredients

- 1/3 cup brown sugar
- 1 teaspoon ground cinnamon
- 2/3 cup granulated sugar
- 1 stick unsalted butter
- 2 eggs
- 1 1/2 teaspoons vanilla extract
- 1 1/2 cups all purpose flour
- 1 3/4 teaspoons baking powder
- 1/2 cup buttermilk
- 2 granny smith apples grated
- 1/2 cup walnuts crushed

Glaze Ingredients

- 1/2 cup powdered sugar
- 3 tablespoons heavy cream
- 1/2 teaspoon vanilla

DIRECTIONS

- **1.** Preheat your oven to 350 degrees F.
- **2.** Prepare an 8x8 baking pan with nonstick spray or you can line with parchment or foil then spray. The lined pans are easiest to remove.
- **3.** In a small bowl, combine the sugar and cinnamon. Set aside.
- **4.** In a large bowl, combine the granulated sugar, butter, and then add in the vanilla extract, buttermilk, and eggs one at a time until combined.
- **5.** Mix the baking powder with flour and then fold the wet mix with the dry mix.
- **6.** Grate the apples and fold into the batter.
- 7. Pour the batter into the prepared baking pan.
- **8.** Sprinkle the brown sugar and cinnamon mixture on top of the cake batter and then swirl it throughout the batter using a butter knife.
- **9.** Top the cake with the walnuts and bake for 40-50 minutes.
- **10.** While the cake is cooking combine the heavy cream and powdered sugar to make the glaze.
- **11.** Remove the cake from the oven and then drizzle with the glaze.
- **12.** Slice and serve as desired. Apple fritter breakfast cake is the perfect fall cake to serve with breakfast, brunch or even as dessert, and it goes perfectly with a cup of coffee! Enjoy!

Prep Time: 10 mins. Cook Time: 40 mins. Makes: 9 servings Calories: 292 kcal





The history of the CNY Ronald McDonald House is rooted in caring for families with children treated at the Center for Children's Cancer and Blood Disorders at Upstate Hospital. Over four decades ago, a group of cancer patients' parents saw the need for a Ronald McDonald House in Syracuse.

Families traveling from outside of the Syracuse area for specialized treatment were often found sleeping in the waiting areas or in their cars so they could be near their seriously ill chil-

dren. In the mid-1970s, the Children's Special Needs Fund was formed by doctors and parents to fund a playroom at the 5C pediatric oncology clinic and to help out-of-town families with housing and food.

In the early 1980s, the Children's Special Needs Fund and Ronald McDonald House joined forces under the umbrella of the "CNY Ronald McDonald House." During the renovation and construction of the first CNY Ronald McDonald House, volunteers from the Children's Special Needs Fund, who were also parents of cancer patients, led a grassroots fundraising effort and were vital to the core mission of the new house.

On Thanksgiving Day in 1982, the original CNY Ronald McDonald House opened its doors at 1027 E. Genesee Street and welcomed its first guests from the Center for Children's Cancer and Blood Disorders. The house continued to financially support the 5C clinic and the child life specialist at the 7H hematology/ oncology in-patient unit by providing more than \$1 million in program funding in the years that followed. Today, families with seriously ill children continue to travel to Syracuse for medical care, and when they do, we are here for them thanks to the compassion, generosity and kindness of a special group of concerned parents from years past.

Many Hearts One Home Holiday Auction



Every November we look forward to commemorating our annual "Many Hearts One Home" Celebration with our friends and supporters in the community. While the pandemic has affected our in-person gathering, we invite you all to join us in supporting our signature auction.

This year, we will host a four-day online holiday auction that will be open to the public from **December 1 - 4**. Support the CNY Ronald McDonald House while holiday shopping for your loved ones.

We are currently seeking auction items, including experiences and gift certificates, to support this significant fundraising event. For more information on how to support the auction or to review our mission partner opportunities, including unique sponsorship packages and ads, contact Catherine Cross at ccross@rmhcny.org or 315-476-1027.

FATHER

™ September 20, 2021

Dear Pastor and Congregation,

Thank you for your generous gift of \$250.00 **In My Father's Kitchen (IMFK).** We are very honored to be the recipient of your continued generosity. Your gift will enable us to continue providing needed food, necessities, and medical care to those who live in campsites, under bridges and places not

meant for human habitation in Central New York, especially during this difficult time.

You can view what your generosity has done and continues to do to bring hope to our friends outdoors at www.inmyfatherkitchen.org

Thank you again for investing in our friends. Together we are building hope and changing lives of those who feel invisible!

Blessings, John & Leigh-Ann Tumino, Founders In My Father's Kitchen

Bible Trivia Answers: 1. Elijah, 2. His mantle, 3. Ahab, 4. In a whirlwind, 5. The Jordan, 6. The Spirit of the Lord, 7. Jesus and Peter, 8. The devil, 9. A lock of Ezekiel hair, 10. Jesus, 11. Paul / 1. Sodom and Gomorrah, 2. A pillar of fire, 3. The Ancient of Days, 4. A live coal from the altar, 5. A lake of fire and brimstone, 6. A flaming sword, 7. In a burning bush that was not consumed, 8. Fire that ran along the ground, 9. Sinai, 10. Nadab and Abihu, 11. His fire devoured them, 12. Gideon, 13. He called down fire from heaven on the captain and his men, 14. Elijah and Elisha, 15. Mount Carmel

OCTOBER 2021

	Mon	Tue	Wed	Thu	Fri	Sat
					1 7PM - Gambler's Anony-	2 Spin the Wheel of Discounts Sale, 10am-4pm @ C&B 2.0
2	4	_		7	mous @ Clay Campus	9AM - 12PM - Workday
*Special Sunday: World Commun- ion Day	4	5	6	7	Prayer Meeting, 7pm @ FJUMC	9
			9:30 AM - Prayer & Holy communion in sanctuary.	9AM-12PM - Workday @ New Build- ing	7PM - Gambler's Anony- mous @ Clay Campus	9AM - 12 PM - Workday @ New Building
10	11 Columbus Day	12	9:30 AM - Prayer & Holy communion in sanctu-	14 Mary Circle, 1pm @ FJUMC Dream Team meeting, 7pm @ FJUMC 9AM - 12PM - Workday	7PM - Gambler's Anonymous @ Clay	16 9AM - 12PM - Workday ® New Building
17	18	19	20	21	22	23
			9:30 AM - Prayer & Holy communion in sanctuary.	9AM - 12PM - Workday @ New Building	7PM - Gambler's Anony- mous @ Clay Campus	Grandma's Old- Fashioned Roast Beef Dinner, 4pm- sold out @ FJUMC 9AM - 12PM - Workday
24	25	26	27	28	29	30
		Bucket Sale, 4pm- 7pm @ C&B 2.0	Bucket Sale, 10am- 4pm @ C&B 2.0	Bucket Sale, 10am- 4pm @ C&B 2.0		Bucket Sale, 10am- 2pm @ C&B 2.0
			9:30 AM - Prayer & Holy communion in sanctu-	9AM - 12PM - Workday @ New Building	7PM - Gambler's Anony- mous @ Clay Campus	9AM - 12PM - Workday @ New Building
In-Person and Online Worship Service: Join us in-person or watch us live every Sunday at 10 am on Facebook www.facebook.com/faithjourneyumcclaynorthsyracuse Sermons also available on: Faithjourneyumc.libsyn.com or https://www.vimeo.com/channels/fjumc						



For the month of **OCTOBER**, we will be collecting *hot* chocolate, pudding, jello, shampoo, deodorant, and feminine hygiene products for **Phoenix Food Pantry**.

Thank you for your support!











We seek God's presence in our lives, to help others in their relationship with God and to strive to see God's work through all people.



We serve God through mission, encourage everyone on their spiritual journey and follow the teachings of Jesus Christ.



We create opportunities for all to share their gifts and talents and demonstrate openness, acceptance and hospitality.



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Faith Journey UMC Staff:

Pastor Rev. Daniel J. Bradley

Maryna Mazhukhova - Musician

Daniel Williams - Musician

Jake Melnyk - Musician

Sara Mertz - Office Manager

Sean Townsend - Custodian