



Pastor's Page



Come to Me, and I Will Give You Rest

²⁵ At that time Jesus declared, "I thank you, Father, ¹Lord of heaven and earth, that ¹you have hidden these things from the wise and understanding and ¹revealed them to little children; ²⁶ yes, Father, for such was your ¹gracious will. ²⁷ ²All things have been handed over to me by my Father, and no one knows the Son ²except the Father, and no one knows the Father except the Son and anyone ²to whom the Son chooses to reveal him. ²⁸ ²Come to ²me, all who labor and are ²heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and ²learn from me, for I am ²gentle and lowly in heart, and ²you will find rest for your souls. ³⁰ For ²my yoke is easy, and my burden is light."



Many times, in our life we face undue burdens that no one could carry. We try over and over to move them but they are so heavy it seems like we will be buried underneath them.

The problem is our focus is off; our focus becomes on the burden and not the one who will bear our burden with us. It takes a lot of energy to be strong all the time...perhaps more than you think. The truth of the matter is that when we are weak Jesus is strong.



Today marks the beginning of the second week of vacation and have I ever found out how weak I am. Being at camp this past week has been a time of rest, relaxation, and a break from the world. Mary, Kiah, and I have ridden our bikes, went swimming in the lake and have been with friends. We are resting easy.

There is power in taking a nap and resting during the day. There is power in being still and just praying your heart out in silence. As I attended worship this morning at Panama United Methodist Church, Rev. Steve Taylor reminded us that the one we seek and serve is Jesus. We broke bread and shared in Holy Communion remembering that, "Christ has died, Christ is Risen, Christ will come again!" The burden of discipleship is blessing. We are called and blessed when we follow Jesus. When our hearts are following the Lord and our actions reflect that of Jesus is when we become strong.

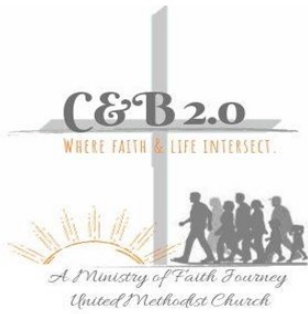
I don't know how those men and women in the Olympics lift the weights that they do. It makes me sick just to think about it, but somehow God gave them the strength to do it. It didn't happen overnight; it took years of flexing muscles and growing in strength to accomplish what we see on television. Flexing your faith muscles means you have to open your heart to the possibility you need help. The place to begin is with this simple prayer, "Help! Me Lord Jesus! Help!" The rest will follow when you open your mouth.

This has been a tough time of loss for the Faith Journey Family. We have spent time this July offering funeral services for Don Evans, Jim Smith, Ethel Hamlin and Harold Bean. These are four giants of the faith that have gone home to be with Jesus. We hurt, but we know that Jesus burden is light and that they are resting with the Lord for all eternity. We rejoice because their suffering is no more and we have hope because this is not the end and we will one day gather at the river with them.

Dear friends, let your love for one another overflow with grace and thanksgiving. Let your life be wisdom and testimony for someone else and may God give you an abundant blessing of grace and thanksgiving.

In Jesus Name,

Rev. Daniel Bradley



Cradle & Beyond 2.0

7778 Brewerton Road

Location:

7778 Brewerton Rd.
Cicero, NY 13039
(Across from the Coppertop
and next to Dunkin Donuts)

Store hours:

Tuesday 4 pm - 7 pm
Wednesday 10 am - 4 pm
Thursday 10 am - 4 pm
Saturday 10 am - 2 pm

Donation Drop-off days/times:

Donations are accepted
Tuesdays from 9 am - 11 am
And anytime the store is open!

Heartfelt **THANKS** **TO OUR SUPPORTERS** **& VOLUNTEERS**

In July 2021 we honored and celebrated our amazing volunteers with a story of starfish, flowers, pizza, certificates and 'hugs & kisses' and 'starfish' chocolates. It is amazing that we live in a world that is 'short-staffed' but yet we have amazing volunteers who diligently and faithfully sign up and show up to make a difference in the life of CB and the lives of others.

Since the beginning of the rehab process through June 2021, we have been blessed with 69 dedicated volunteers in addition to two "Be The Change" weekends where we had individuals from agencies / organizations assisting in getting our building ready.

Since August 2017, we have had 26 'rehabbers' who have logged in excess of 8,936 hours (this includes a seven person work-crew who have been present twice per week, almost every week for the last 4 years). Since November 2019, our 6 sorters have logged in more than 978 hours and our 37 sellers and store volunteers have logged in excess of 2,882 hours. In case you're wondering, that totals more than 13,000 volunteer hours logged since August 2017.

Our volunteers have taken the time to listen and be in conversation with those who need it and have reached out to make people feel comfortable each time they walk into and onto our campus. C&B is unique because of this. Our customers could donate and shop anywhere but they choose to come to CB because of who we are and what we do; They want to be part of making a difference.



Mission Minute

As C&B's mission is to be in ministry, we have partnered with many, many, many nonprofits and ministry organizations who help make a difference in our community. Since January 2021, CB has donated to:

- ◆ Phoenix and Brewerton Libraries
 - ◆ Humane Society
- ◆ Dr. Hamilton's clinic assisting migrant workers
 - ◆ Restart
 - ◆ Rise Above the Streets
 - ◆ Party Princesses
- ◆ Beautiful Mess Ministries
 - ◆ Save the Storks
- ◆ Local Fire Departments
- ◆ Liverpool Police Department
- ◆ NSCC - Ukraine Missions

BACK TO SCHOOL

Blow-Out Bucket Bonanza

Saturday, August 21st / 10 a.m. - 2 p.m.

Tuesday, August 24th / 4 p.m. - 7 p.m.

Wednesday, August 25th / 10 a.m. - 4 p.m.

Thursday, August 26th / 10 a.m. - 4 p.m.

Saturday, August 28th / 10 a.m. - 2 p.m.

Fill a 4-gallon bucket for just \$5.00!



CRADLE & BEYOND 2.0

7778 Brewerton Rd. Cicero, NY 13039

What's Happening

FAITH JOURNEY UMC

DRIVE-THRU Chicken BBQ

**SATURDAY, AUGUST 14TH
11 AM - UNTIL SOLD OUT**

**\$6.50 - CHICKEN ONLY (INCLUDES 1/2 CHICKEN ONLY)
\$9.00 - CHICKEN DINNER (INCLUDES 1/2 CHICKEN, SALT
POTATOES, BAKED BEANS AND A ROLL)**



**FAITH JOURNEY UMC
8396 MORGAN RD.
CLAY, NY 13041**



August:

July 26th-August 7th - Pastor Bradley on Vacation

August 1st - Alan Kinney Preaches

August 12th - Mary Circle, 1pm @ FJUMC

August 14th - Chicken BBQ, 11am-until sold out @ FJUMC

August 17th - 90's Birthday Celebration Potluck Luncheon, 12pm @ FJUMC

August 21st - SPRC-STAFF Day, 9am-4pm @ FJUMC

August 21st-August 28th - Back-To-School Bucket Sale Bonanza @ C&B 2.0

August 26th - Family Fun Night, 6:35 PM @ NBT STADIUM

School Supplies for North Syracuse Christian Church

We need all types of supplies:

- ♦ Pencils (regular or mechanical)
 - ♦ Pens
- ♦ Rulers, Erasers, Pencil Sharpeners, Scissors
- ♦ Loose leaf notebook paper (wide rule and college ruled)
- ♦ Composition notebooks and pocket folders
 - ♦ Binders
- ♦ Crayons or markers
- ♦ Calculators
- ♦ Backpacks and pencil holders



Collection Dates: August 1st – September 12th

Please drop off at Faith Journey UMC during office hours (Mon-Fri, 8am-12pm) or on Sunday mornings! Thank you for your support!



Do you want to sing or play an instrument?

We are welcoming anyone interested in singing or playing an instrument to join the worship team during 9:30 service. Practice is every Sunday morning at 9:00am in the sanctuary. Please contact Jake Melnyk at roadoutofhere@gmail.com for info.

MARY CIRCLE

Mary Circle is resuming meeting on Thursday, August 12th at 1:00 pm in Fellowship Hall

AUGUST

SCRIPTURE OF THE MONTH - AUGUST - "A BIG LITTLE PRAYER"

"Trust in the Lord with all your heart and lean not on your own understanding, in all your ways submit to him, and he will make your paths straight."

- Proverbs 3:5-6



August

Happy August! It sure has been a rainy summer thus far, we've even broke some records with rainfall, but I read that the rest of the summer should be slightly drier than this past month so I'm hopeful for more sunny days ahead. I've been very busy this past month, I've gone on several camping trips with friends, reunited with family members and been soaking up as much sunny days as I can. My puppy, Peanut, is doing great, he's basically full grown and is turning 1-year old on August 20th. The NYS Fair is back this year and they have so many free concerts happening, hopefully I'll find time to attend to check out the free entertainment and get some cotton candy and fried dough! Tickets are also only \$3 this year too! Continue to protect yourself as cases are rising rapidly because of the Delta variant, I'm really hoping we won't have to



Thursday, August 26th - 6:35 p.m.

WELCOME BACK!

Thanks for re-joining us from the 2019 event after the pandemic-cancelled 2020 Mets' season! I guess we will call this our 41st Annual United Methodist Night at the Ballpark!

We want to be extra careful, so we will not be sponsoring the usual parking lot tailgate party, NOR will we be having the complimentary grilling of hot dogs and coney dogs, sorry! Look for both to return for our 2022 game!

What we will do, to offset this, is have the game held on Dollar Thursday Night promotion! So you can buy \$1 hot dogs and \$1 Coke products in the stadium. Also, nothing precludes you from having your own pre-game tailgate party in the same corner parking lot we are accustomed to (*be safe, no food sharing between households please!*)

Also, if you wish, at 6:15 PM, we will gather near First Base (new this year) to lead the stadium in the singing of the National Anthem! Also, for this year at least, your ticket will give you a 200-Level (just below the main concourse level) assigned seat, so a chair (not sitting on concrete), and also no extra stairs to navigate. **\$13 PER TICKET;** (Mets charge \$16 now).

There is a sign-up sheet on the table in the lobby, please include your full name and the number of tickets you would like. Please sign-up by August 10th. Also, Mary Bradley will be throwing out the first pitch of the game!

BIBLE TRIVIA

Some Amazing Animals

1. What four creatures did God send as plagues upon the Egyptians?
2. What venomous creature bit Paul on the hand but did not harm him?
3. What did Jesus use to feed the five thousand?
4. Where did Jesus send the legion of unclean spirits he had cast out of a man?
5. What did Peter find with a coin in its mouth?
6. What did God send to destroy the vine that shaded the sulking prophet Jonah?
7. When children laughed at Elisha for his baldness, what appeared that mauled the children?
8. What croaking birds fed Elijah in his solitude by the brook Cherith?
9. What two animals owned by the Philistines carried the ark of the covenant back to Israel?
10. What foreign prophet had a talking donkey to ride on?
11. What bird served as food for the Israelites in the wilderness?
12. What animals, considered rather loathsome in Bible times, ate the carcass of Jezebel?
13. What did God provide as a sacrifice in substitute for Isaac?
14. What miraculous animals parted Elijah and Elisha as Elijah was taken by a whirlwind into heaven?

Shepherds and Sheep

1. What wealthy man had fourteen thousand sheep?
2. Who married the shepherd girl Zipporah?
3. What former shepherd boy is supposed to have written, "The Lord is my shepherd?"
4. Who did Jesus command to shepherd his church?
5. Who was the first shepherd?
6. Who is the good shepherd?
7. Which prophet said, "All we like sheep have gone astray?"
8. What Old Testament book compares a lover's teeth to a flock of newly shorn sheep?
9. In which gospel does Jesus speak of separating the sheep from the goats?
10. Who had compassion on the people because they seem like sheep without a shepherd?

⇒ *Answers are located on the bottom of **Page 9***



Come Celebrate the 90's

We will be celebrating all members of FJUMC who are 90 years old and above on Tuesday, August 17th with a potluck luncheon that begins at noon.

If you are celebrating a 90 or 90+ birthday this year, please let the office know so that we can be sure you get an invite.

If you would like to attend this celebration, please RSVP to the office by phone **(315) 652-9186** or email **FJOFFICE@FJUMC.ORG** by Friday, August 13th at noon that you are able to attend.



As of July 23rd, We are at over 9,000 cans and almost \$500.00 raised for Kiah Bradley's Mission Project, "Cans for Sudan."

We will continue to collect bottles & cans throughout the summer, so save your empties and drop them off at the church during office hours (MON-FRI, 8am-12pm) or on Sunday mornings!

Thank you for your support!

AUGUST SCRIPTURE WRITING PLAN

August Scripture Writing Plan



Each of the scriptures below takes ten minutes or less to copy out. Commit to spending ten minutes each day listening to God's voice and Connect with the word!

Day 1 - Genesis 2:1-3;8:4
Day 2 - Exodus 20:8-10;23:12
Day 3 - Exodus 31:12-18
Day 4 - Exodus 34:21;35:2-3
Day 5 - Leviticus 23:1-8
Day 6 - Deuteronomy 5:12-15
Day 7 - 2 Chronicles 6:41-42
Day 8 - 2 Samuel 7:1;1 Kings 5:4
Day 9 - Psalm 3:5;4:8;16:8
Day 10 - Psalm 23
Day 11 - Psalm 37:7;46:10-11
Day 12 - Psalm 55:6;62:1-2
Day 13 - Psalm 92:1-8
Day 14 - Psalm 92:9-15
Day 15 - Psalm 118:24;127:2
Day 16 - Proverbs 3:24; Ecclesiastes 2:22-23

Day 17 - Isaiah 14:3-4;26:3;56:2
Day 18 - Isaiah 40:29-31;58:13-14
Day 19 - Jeremiah 6:16;17:19-23
Day 20 - Jeremiah 17:24-27
Day 21 - Matthew 6:25-26, 33
Day 22 - Matthew 8:24;11:28-30
Day 23 - Matthew 12:6-14;26:45
Day 24 - Mark 2:27-28;6:31-32
Day 25 - Luke 13:10-17
Day 26 - Luke 14:1-6
Day 27 - John 14:27;16:33
Day 28 - Acts 3:19-20; Romans 12:1-2
Day 29 - Philippians 4:6-7
Day 30 - Hebrews 4:1-5
Day 31 - Hebrews 4:6-13

Open my eyes that I may see wonderful things in your law.

- Psalm 119:18

What are Scripture Writing Plans?

Scripture Writing plans are something you can do every day and it will help you in your journey with God. Get your bible out and write out the scripture for that day. It is a proven fact that when you write something down is resonates more fully than just reading it. So, write it out and speak those words into reality, this will also help with memorization of the word of God and your daily walk with Him.



THE TIME TO **GIVE BLOOD** IS NOW



**American
Red Cross**

SYRACUSE, NY — The nation's blood supply shortage has reached a critical point. The Red Cross and other organizations are urging people to donate soon.

There is an especially large demand for type O donations; the country has about a one-day supply of the highly needed blood type, according to the Red Cross.

Hospitals are treating a high number of traumatic injuries this summer. There is also high demand for organ transplants and elective surgeries.

The Red Cross has distributed about 12 percent more blood donations to hospitals across the U.S. this year compared with the same time last year.

People who donate blood during August will receive a free four-month subscription to Apple Music (new subscribers only). Those who donate between Aug. 1 and 15 will automatically be entered for a chance to win a VIP trip for two to the 2021 Bonnaroo Music and Arts Festival.

Here are the Red Cross blood drives coming up in the Syracuse area in the next few weeks.

- 8/2/2021: 1 p.m. - 7 p.m., Holy Cross Church, 4112 E GENESEE ST (SYRACUSE)
- 8/4/2021: 10 a.m. - 3 p.m., Syracuse City Hall, 201 East Washington Street (Syracuse)
- 8/7/2021: 8 a.m. - 1 p.m., Destiny USA, 9090 Destiny Usa Drive (Syracuse)
- 8/12/2021: 1:30 p.m. - 6:30 p.m., Most Holy Rosary Church, 111 Roberts Ave. (Syracuse)

People who have received a coronavirus vaccine can donate blood so long as they are symptom-free, feeling well and can provide the vaccine manufacturer's name, according to the American Red Cross. There is no waiting period after getting a vaccine dose. Donors are asked to schedule an appointment prior to arriving at the drive.

Appointments can be made via the American Red Cross Blood Donor App, online or by calling 1-800-RED CROSS. (resource: www.patch.com)



RecipeCorner

Do you have any recipes to share? I would love to feature your recipes in the monthly newsletter! Leave a recipe on my desk, in the offering plate or email the office at fjoffice@fjumc.org



Avocado Chicken Salad Sandwich

<https://therecipecritic.com/avocado-chicken-salad/>

Recipe by: Alyssa Rivers



INGREDIENTS

- ♦ 2 cups cooked and shredded chicken (about 3 chicken breasts)
- ♦ 1/2 cup mayonnaise
- ♦ 1 teaspoon freshly chopped cilantro
- ♦ 1 large avocado diced
- ♦ 2 teaspoon lime juice
- ♦ 1/2 teaspoon salt
- ♦ 1/2 teaspoon pepper



DIRECTIONS

1. Start by using 2 cups of cooked and diced chicken. Rotisserie Chicken or even canned chicken works great.
2. In a medium sized mixing bowl, add chicken, mayonnaise, cilantro, avocado, lime juice, salt and pepper. Mix until combined.
3. Perfect to serve on sandwich bread, a croissant or served with tortilla chips.

Tips for picking out the perfect avocados:

- Squeeze the avocado. Hold it in the palm of your hand and gently squeeze. A ripe avocado should yield to firm, gentle pressure, but shouldn't feel overly soft or mushy.
- You can also check under the stem. Peel back the small stem or cap at the top of the avocado. If it comes away easily, and you find green underneath, it is ripe and ready to go.

What can I substitute mayonnaise with?

- Greek Yogurt
- Hummus
- Pesto
- Nut Butter

Cook Time: 5 mins.

Makes: 4 servings

RECIPE





A BIG
*thank
you*
♥

We would like to thank everyone who donated delicious food or time for the reception after our mother's funeral.

Faith Journey was such an important part of her life and it was nice to see how much she meant to you. Also, thank you for all the cards, flowers and donations. It meant so much to us.

The Family of Ethel Hamlin



Dear Faith Journey UMC,

On behalf of the Seton Food Pantry families, I would like to extend a sincere thank you for the paper products you donated to our pantry. What an amazing show of togetherness when we can reach out to other areas of the community and help out.

These are everyday essentials that our families are not able to purchase with their food stamps, but are very much needed. We feel fortunate to be housed in such a generous and caring community. Thank you for assisting us with making our endeavors so successful.

Sincerely,

Jennifer Guild, *Seton Food Pantry Coordinator*



**Ronald McDonald
House Charities®**
Central New York

Dear Friends of Faith Journey UMC,

On behalf of Ronald McDonald House Charities of CNY, thank you for your donation of pop tabs on 6/25/2021. We receive funds for recycling the pop tabs which provides income that supports our mission to keep families together and close to the medical care they need.

After much thought and consideration, the CNY Ronald McDonald House will no longer be accepting future pop tab collections. We are grateful to you, and the hundreds of churches, schools, individuals, and businesses who have pulled pop tabs for the CNY Ronald McDonald House over these past two decades.

If you would like to continue to collect pop tabs for the House, they can be dropped off directly to our recycling partner, the Empire Recycling Center at 301 Peat St. Syracuse, NY 13210. Please let them know that you would like the proceeds from your collection to go to Central New York Ronald McDonald House Charities, and they will submit the value of the tabs to us on a quarterly basis. Thank you for your support of families of sick children and their families.

With gratitude,

The Staff of CNY Ronald McDonald House and Beth M. Trunfio, *Executive Director*

Bible Trivia Answers: 1. Frogs, lice, flies and locusts, 2. A viper, 3. Two fish and five barley loaves, 4. Into a herd of swine, 5. A fish, 6. A worm, 7. Two she-bears, 8. Ravens, 9. Two cows, 10. Balaam of Moab, 11. Quail, 12. Dogs, 13. A ram, 14. Horses of fire - 1. Job, 2. Moses, 3. David, 4. Peter, 5. Abel, 6. Jesus, 7. Isaiah, 8. The Song of Solomon, 9. Matthew, 10. Jesus

AUGUST 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>*Communion</i>	2	3	4	5 9AM-12PM - Workday @ New Build- ing	6 7PM - Gambler's Anony- mous @ Clay Campus	7 9AM - 12PM - Workday @ New Building.
8	9	10	11 9:30 AM - Prayer & Holy communion in sanctu- ary.	12 <i>Mary Circle, 1pm @ FJUMC</i> 9AM-12PM - Workday @ New Build- ing	13 <i>Prayer Meeting, 7pm @ FJUMC</i> 7PM - Gambler's Anony- mous @ Clay Campus	14 <i>Chicken BBQ Drive- Thru, 11am-until sold out @ FJUMC</i> 9AM - 12 PM - Workday @ New Building
15	16	17 <i>90th Birthday Pot- luck Luncheon, 12pm @ FJUMC</i>	18 9:30 AM - Prayer & Holy communion in sanctu-	19 9AM - 12PM - Workday @ New Building	20 7PM - Gambler's Anony- mous @ Clay	21 <i>C&B Back-to-School Bucket Sale Bonanza, 10am-2pm SPRC-STAFF DAY, 9am-4pm @ FJUMC</i> 9AM - 12PM - Workday
22	23	24 <i>C&B Back-to-School Bucket Sale Bonan- za, 4pm-7pm</i>	25 <i>C&B Back-to-School Bucket Sale Bonan- za, 10am-4pm</i> 9:30 AM - Prayer & Holy communion in sanctu-	26 <i>C&B Back-to-School Sale Bonanza, 10am- 4pm Family Fun Night Baseball Game @ NBT STADIUM, 6:35 PM</i>	27 7PM - Gambler's Anony- mous @ Clay Campus	28 <i>C&B Back-to-School Bucket Sale Bonan- za, 10am-2pm</i> 9AM - 12PM - Workday @ New Building
29	30	31				
<p align="center"><u>In-Person and Online Worship Service:</u></p> <p align="center">Join us in-person or watch us live every Sunday at 10 am on Facebook www.facebook.com/faithjourneyumcclynorthsyracuse</p> <p align="center"><u>Sermons also available on:</u></p> <p align="center">Faithjourneyumc.libsyn.com or https://www.vimeo.com/channels/fjumc</p>						

FoodPantry

For the month of **AUGUST**, we will be collecting *boxes of stuffing mixes, canned or jarred gravy and pickles or olives* for **North Syracuse Christian Church Food Pantry**, they are preparing their Thanksgiving boxes for this year and would appreciate these items.

Thank you for your support!



Seek

.....
We seek God's presence in our lives, to help others in their relationship with God and to strive to see God's work through all people.

Serve

.....
We serve God through mission, encourage everyone on their spiritual journey and follow the teachings of Jesus Christ.

Share

.....
We create opportunities for all to share their gifts and talents and demonstrate openness, acceptance and hospitality.

God With Others

Office Location:

8396 Morgan Road
Clay NY 13041

Contact Information:

Phone: (315) 652-9186 or
(315) 458-0890

E-Mail: fjoffice@fjumc.org

Website: www.fjumc.org

Faith Journey UMC Staff:

Pastor Rev. Daniel J. Bradley

Maryna Mazhukhova - Musician

Daniel Williams - Musician

Jake Melnyk - Musician

Sara Mertz - Office Manager

Sean Townsend - Custodian