



## **Pastor's** **Page**



Dear Church Family,

Grace and peace to you from God, our Father, and the Lord Jesus Christ!

Seventeen years ago, Mary and I embarked on the journey of a lifetime. Not only did we get married, but we also took our honeymoon to Cape Cod, Massachusetts. One evening as the sun was setting, we were walking in the surf along Craigsville Beach. The tide was coming in and going out, and you could feel the water sucking the sand from beneath your feet. I was wearing shorts, a t-shirt, and a pair of brand-new prescription sunglasses. In a single moment, a rogue wave came up and knocked both of us into the ocean. Mary and I both got up drenched in the cold water of the Atlantic. My brand-new sunglasses were nowhere to be found. They were lost in the Atlantic forever.

It has been just about eight weeks since my father passed. I think about him every day. Last night as we were unpacking a box from our move last year I found a bright orange "Trans-Am" hat. It was a birthday gift from my father back in 1983. I began to cry. I mean it's a hat, right? What I began to realize is that grief is like an ocean wave. You never know where or when it is going to strike, but when it does, there is nothing you can do, but roll with it. Even if you try to hold it in, it will eventually come out and not always in the most positive way. My father would always say, "What could possibly go wrong?" In my estimation, a million little things in my father's body must have gone wrong for him to have died that Monday morning. I don't know and perhaps I never will. The important thing is that my fathers' heart was prepared to be with the Lord. God loved my father. God knew his heart, and God was with him when he crossed the Jordan river from this life to the next.

All of us have the opportunity to know God. God is always with us, whispering to our hearts, and waiting for us to respond. The only question is, will we respond to God, or will we ignore the call upon our lives. Sometimes I think it is easier to wait for a loud booming voice to speak to us as opposed to listening to the still small voice of our heart. We know right from wrong. We know what we are supposed to do; so why don't we do it? Over the summer, some things have taken place in the life of the church. Forty-five cases of water were delivered to the mission IN MY FATHERS KITCHEN. This is a ministry to people in need of all walks of life. Whether they are homeless or not, people can find the grace of Jesus Christ through food, water, and fellowship. This ministry also helps put homeless people to work through a unique program with Onondaga County and the city of Syracuse.

We have begun collecting school supplies for the post-refugees. These groups represent the Karenni, Sudanese, and Nepali. They are continuing to grow and need our continued support. I want to thank you for doing the right thing and being a part of blessing others. My father did that often. He wasn't wealthy, but he gave his heart away in a way that shares the love of Jesus. He welcomed into his home all the stray kids that my brothers and sister brought into the house. He fed them, clothed them in some cases, and gave them a place to stay. I am so proud of my dad; he has been my inspiration.

The Sunday before my father passed, I showed a video in church. There was a line from that video that has stuck with me. "Live your life in such a way that when you die the world cries while you rejoice." I have indeed been crying because I know the impact that my father had on this world and on me. Thank you, Dad, I love you always.

Give your heart to Jesus and leave a legacy of hope. This world desperately needs it. You too can be a miracle to someone you know or perhaps someone you don't. The choice is yours. Choose life. Choose God!

I pray the Lord's blessing on you this day, May God grant you the assurance of God's grace and peace as you serve God faithfully. Be blessed this day in the name of the Father, Son, and Holy Spirit!

In Christ,

Rev. Daniel J. Bradley

# SOUTHERN SUDAN PRESENTS: A NIGHT WITH ELVIS



**DON'T MISS OUT ON ELVIS -**  
**SEPTEMBER 28th, 2019 from 7-9pm!**

*Sponsored by Southern Sudan Health Project -*

*Come help support!*

Tom Gilbo providing the music of **ELVIS**. Let's go dancing and having so much fun...come dressed as you dress to the era!!

- Enjoy Root Beer Floats, Pizza, and more as you enjoy the music and dance the night away.

*\*Food and drinks are not included in the price.*



**Tickets are \$5 presale or \$6 at the door.**  
**Make sure to get your tickets today! You can come into office and pick one up in advance or buy at the door!**



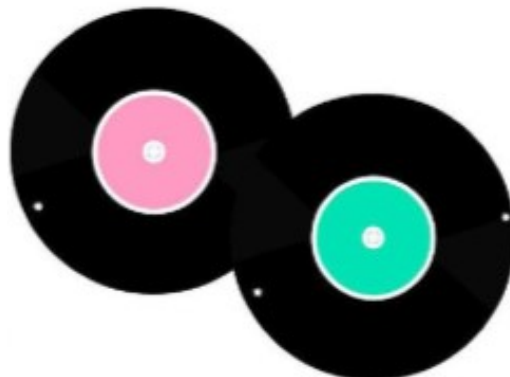
## **FOOD PRICES:**

**Root Beer Floats \$1.75**

**Pizza \$1.50**

**Sundaes \$1.75**

**Water/Soft drinks \$1.00**



# What's Happening

## SEPTEMBER:

September 1st: Communion with regular service hours; 9:30, 11 & 12:30

September 2nd: LABOR DAY, OFFICE CLOSED

September 4th: "GET FIT" with Beth Jordan @ 6:30-7pm

September 8th: 9/11 Concert w/ John Harnois @ 2:30pm in the sanctuary

September 14th: Chicken BBQ & Cradle & Beyond Holiday Sale

September 28th: Elvis Concert @ 7-9pm in Fellowship Hall, sponsored by SSHP



## **CRADLE & BEYOND** **HOLIDAY SALE**

When: September 14, 2019

Time: 9am - 1pm

Where: Faith Journey UMC, Back of church in fellowship hall area.

"LIKE US" on Facebook:

Faithjourneyumcclaynorthsyracuse

Website: [www.fjumc.org](http://www.fjumc.org)

Hope to see you there, we have tons of items, clothes, shoes and more!



## **Chicken BBQ**

Faith Journey UMC  
Chicken BBQ

September 14th, 2019

Time: 11:00am till gone...It goes fast...get there early!

Prices: \$8.50 for dinner / \$6.50 for just half chicken

Dinner includes: 1/2 chicken, salt potatoes, baked beans and dinner roll. Super Yummy! What...for \$8.50 you get all of this...that's amazing!



Do you want to sing or play an instrument?

We are welcoming anyone interested in singing or playing an instrument to join the worship team during 9:30 service. Practice is every Sunday morning at 9:00am in the sanctuary. Please contact Jake Melnyk at [roadoutofhere@gmail.com](mailto:roadoutofhere@gmail.com) for information.

# MARY CIRCLE

September 12, 2019 @1pm, Clay location!  
Don't miss out.



## School Supplies for Path of Life

Please Bring to Worship or Clay Campus office

**Collection Date: August 25 - September 8**

**We need all types of supplies:**

**Pencils (regular or mechanical)**

**Pens**

**Erasers**

**Loose leaf notebook paper (wide rule and college ruled)**

**Composition books**

**Binders**

**1 subject notebooks**

**Crayons**

**Backpacks (if they are generic in color and theme we can use them for anyone)**

**Calculator (regular or scientific)**

**Pencil holder**

**Pocket Folders**

**Thank You!**



### **Helping the Community**

Faith Journey United Methodist Church donated and delivered 45 cases of water bottles to ***In My Father's Kitchen***, which is located at 501 Hawley Ave in Syracuse.

The owner, John Tumino graciously accepted the donation of water and was so elated to have received it.

In My Father's Kitchen is a non-profit, faith-based organization offering non-denominational and non-discriminatory assistance to the homeless and refugee community through direct street outreach. In My Father's Kitchen mission is to "build relationships and bring the message of hope, they change lives by helping those who feel invisible know that they are seen and that their life has value."

Faith Journey UMC was very excited to help out such a great organization and contribute to the mission of supporting those who feel invisible and in need of basic necessities.

To learn more about In My Father's Kitchen, visit: <https://www.facebook.com/inmyfatherskitchen/>

### **REMEMBERING THE HEROES:**

#### **A MUSICAL TRIBUTE TO THE VICTIMS OF 9/11**

17th annual concert presented in the memory of those whose lives were lost due to the tragic events of September 11, 2001. Local musicians familiar to CNY audiences will perform music from light classical to familiar popular movie favorites and more in a peaceful environment providing an opportunity to gather together to remember, reflect and celebrate in a positive way those who we lost.



**Sunday, September 8, 2019**

**2:30pm**

**Faith Journey United Methodist Church**

**8396 Morgan Road, Clay, NY**

**Donations will be accepted to assist local food pantries**



# SEPTEMBER SCRIPTURE WRITING



## SEPTEMBER Scripture Writing Plan

Each of the scriptures below takes ten minutes or less to copy out. Commit to spending ten minutes each day listening to God's voice and Connect with the word!

- |                           |                                  |
|---------------------------|----------------------------------|
| Day 1 - Psalm 121:1-4     | Day 17 - 2 Timothy 1:12-14       |
| Day 2 - Psalm 121:5-8     | Day 18 - Colossians 3:1-4        |
| Day 3 - Psalm 62:1-4      | Day 19 - Colossians 3:5-10       |
| Day 4 - Psalm 62:5-8      | Day 20 - Colossians 3:12-14      |
| Day 5 - Psalm 62:9-12     | Day 21 - Colossians 3:15-17      |
| Day 6 - Amos 4:13         |                                  |
| Day 7 - Psalm 93:1-5      | Day 22 - Colossians 3:18-21      |
|                           | Day 23 - Colossians 3:22-25      |
| Day 8 - Matthew 22:34-40  | Day 24 - Matthew 7:1-3           |
| Day 9 - Matthew 11:25-27  | Day 25 - Matthew 7:4-6           |
| Day 10 - Matthew 11:28-30 | Day 26 - Matthew 7:7-12          |
| Day 11 - Isaiah 53:1-4    | Day 27 - Matthew 7:13-20         |
| Day 12 - Isaiah 53:5-8    | Day 28 - Matthew 7:21-23         |
| Day 13 - Isaiah 53:9-12   |                                  |
| Day 14 - Psalm 32:4-6     | Day 29 - Matthew 7:24-19         |
| Day 15 - 2 Timothy 1:6-8  | Day 30 - 1 Thessalonians 5:19-24 |
| Day 16 - 2 Timothy 1:9-11 |                                  |

### What are Scripture Writing Plans?

Scripture Writing plans are something you can do every day and it will help you in your journey with God. Get your bible out and write out the scripture for that day. It is a proven fact that when you write something down it resonates more fully than just reading it. So, write it out and speak those words into reality, this will also help with memorization of the word of God and your daily walk with Him.

Open my eyes that I may see wonderful things in your law.

- Psalm 119:18



## Hello Everybody!



My name is Sara Mertz and I'm the new office manager at Faith Journey United Methodist Church. I'm very happy and excited to join the FJUMC family and hope to get to know all of you better! I am very blessed to be surrounded by such a giving and passionate group of people and look forward to the new journey here!

I'm really fortunate to have such a great group of friends in my life, as well as a small, close-knit family that enjoys the simple things and spending time together. I'm extremely lucky to have my husband, Kyle, by my side, we have been together almost 9 years and this upcoming May will be our 3rd wedding anniversary. We bought our first home together in North Syracuse during the summer of 2016 and hope to start a family of our own in the near future. On my free time, I enjoy shopping, especially at thrift stores and clearance racks, reading mystery novels, watching old Hollywood movies, doing DIY projects around the house and going on new adventures with family and friends, especially in the summer months. I have a passion for helping others and very much admire all the work FJUMC does to help the community and those in need. I feel so grateful to be a part of the FJUMC family and hope to become a valued and contributing member to this already hardworking team.

On a side note, if anybody has any personal stories or experiences in which God, faith or the church has helped you or others you know overcome obstacles in life, please feel free to share them with me for the monthly newsletters in hopes of inspiring others.

Also, if you have any favorite recipes, knowledge of upcoming events in the community, FJUMC news or prayer requests for the weekly Sunday Service bulletins that you would like to contribute, just send an email to [fjoffice@fjumc.org](mailto:fjoffice@fjumc.org), call the office at (315) 652-9186 or simply stop in and visit me any day during office hours! (M-F, 8am-12pm)



Wishing you all many blessings and much love, *Sara Mertz*



PODCAST

### FJUMC now has a new podcast, *Where Faith and Life Intersect*

Pastor Daniel Bradley and Brian Doolittle work on these weekly podcasts and cover different topics about faith and life, so be sure to check out the FJUMC Facebook page or access the link below to listen to them on the website.

#### Facebook:

<https://www.facebook.com/faithjourneyumcclynorthsyracuse/>

#### Website:

[www.faithjourneyumc.libsyn.com/](http://www.faithjourneyumc.libsyn.com/)



### IT'S TIME TO "GET FIT" AGAIN!

"GET FIT" with Beth Jordan is back!

Wednesday, September 4th

6:30pm to 7:00pm

Bring your family and friends to work out! Wear comfy clothes and shoes, bring a towel, water and your energy! It's time to feel the burn!



Have you ever lost something while attending Sunday Service?

Come in during office hours and check out our box of lost & found items, maybe you will be reunited with an old pair of glasses, hat, backpack or other miscellaneous items!

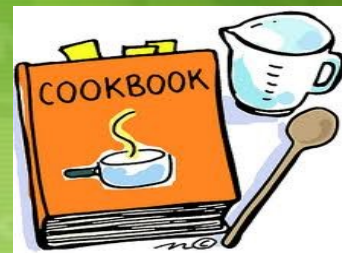


Please consider donating Lowe's or Home Depot gift cards to go towards the C&B rehabilitation project.

Any amount is greatly appreciated!



# CALLING *all* COOKS



I need RECIPES! Do you have a favorite to share? Just email me at [fjoffice@fjumc.org](mailto:fjoffice@fjumc.org) or place in church office. I would love to add it to the monthly newsletter for all to enjoy!

**PROMOTION:** Do You want to promote a service or business? Contact the church office 315-652-9186 or email at [fjoffice@fjumc.org](mailto:fjoffice@fjumc.org)

**LMW Home** - I offer cleaning, organization, redecorating, interior design and design services for your home. Please call Sara Mertz if you need any of these services done and for a free estimate @ 315-727-3741.

“LIKE ME” <https://www.facebook.com/LMWHome>

## Easy Chicken Pot Pie Recipe From Campbell's Kitchen

### INGREDIENTS

1 can (10 1/2 ounces) Campbell's Condensed Cream of Chicken Soup or Campbell's Condensed 98% Fat Free Cream of Chicken Soup

1 cup reduced fat (2%) milk

1 package (12 ounces) frozen mixed vegetables (carrots, green beans, peas, corn) thawed (about 2 1/4 cups)

1 egg

1 cup of biscuit baking mix

### DIRECTIONS

**Step 1.** Heat the oven to 400°F. Stir the soup, 1/2 cup milk, vegetables and chicken in a 9-inch pie plate or ovenproof skillet.

**Step 2.** Stir the remaining 1/2 cup milk, egg and baking mix in a small bowl. Spread the batter over the chicken mixture (the batter is thin but will bake up into a perfect crust)

**Step 3.** Bake for 20 minutes or until the topping is golden brown

**Prep time: 10 mins**

**Total time: 30 mins**

**Serves: 4 people**

This recipe can be found here:

<https://www.campbells.com/kitchen/recipes/easy-chicken-pot-pie/>



**E-mail!**

Do **YOU** want to be on the FJUMC email list? Please contact the church office at [fjoffice@fjumc.org](mailto:fjoffice@fjumc.org). If you know of someone else who like to be added, please have them contact Sara Mertz at church office 315-652-9186 or email.

Our “Stepping Stone” newsletter will be sent to everyone on the email list, rather than through the post office. If you would rather receive the newsletter in the mail, please contact church office.

# SEPTEMBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <i>Regular Service hours resume</i> <b>COMMUNION</b>	<b>2</b> <b>LABOR DAY</b>	<b>3</b> <i>7:30 PM - Prayer &amp; Holy communion in sanctuary.</i>	<b>4</b> <i>"Get Fit" with Beth Jordan @ 6:30-7pm</i>	<b>5</b> <i>9AM-12PM - Workday</i>	<b>6</b> <i>7PM - Gambler's Anonymous @ Clay Campus</i>	<b>7</b> <i>9AM - 12PM - Workday @ New Building.</i>
<b>8</b> <i>9/11 Concert with John Harnois @ 2:30pm</i>	<b>9</b>	<b>10</b> <i>6PM - Drum Circle</i>  <i>7:30PM - Prayer &amp; Holy communion in sanctuary.</i>	<b>11</b> <i>1pm - SSHP meeting, Gino &amp; Joes</i>  <i>4:30pm - C&amp;B meeting @ new bldg.</i>  <i>"Get Fit" @ 6:30-7pm</i>	<b>12</b> <i>Mary Circle 1pm @ Clay</i>  <i>9AM-12PM - Workday</i>	<b>13</b> <i>7PM - Gambler's Anonymous @ Clay Campus</i>	<b>14</b> <i>9AM - 2 PM - Workday</i> <i>11AM - Chicken BBQ</i> <i>9AM - 1PM - C&amp;B Sale</i>
<b>15</b>	<b>16</b>	<b>17</b> <i>7:30PM - Prayer &amp; Holy communion in sanctuary.</i>	<b>18</b> <i>"Get Fit" with Beth Jordan @ 6:30-7pm</i>	<b>19</b> <i>9AM - 12PM - Workday @ New Building</i>	<b>20</b> <i>7PM - Gambler's Anonymous @ Clay Campus</i>	<b>21</b> <i>9AM - 12PM - Workday @ New Building</i>
<b>22</b>	<b>23</b>	<b>24</b> <i>7:30 PM - Prayer &amp; Holy communion in sanctuary.</i>	<b>25</b> <i>"Get Fit" with Beth Jordan @ 6:30-7pm</i>	<b>26</b> <i>9AM - 12PM - Workday @ New Building</i>	<b>27</b> <i>7PM - Gambler's Anonymous @ Clay Campus</i>	<b>28</b> <i>Elvis Concert @ 7pm-9pm in Fellowship Hall @ Clay Campus</i>
<b>29</b>	<b>30</b>					
<p style="text-align: center;"><b><u>Services Schedule</u></b></p> <p style="text-align: center;">9:30 AM - Contemporary Worship @ Clay</p> <p style="text-align: center;">11AM &amp; 12:30 PM - Traditional Worship @ Clay</p>						



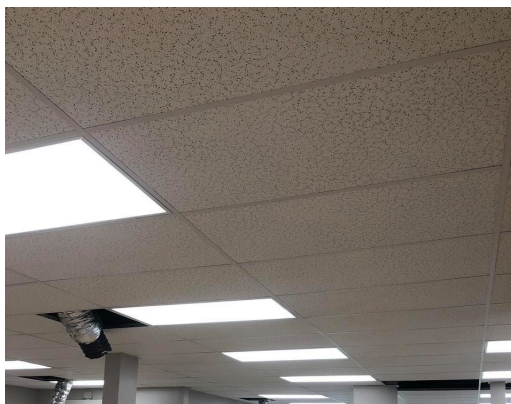
Cradle  
& Beyond



# Cradle & Beyond

## 7778 Brewerton Road

The C&B building is coming together! More ceiling done (only a few tricky pieces left before the AC guy comes to finish it off), window trim is all up and being painted, closet doors installed and windows washed! Progress is being made!





## SCRIPTURE OF THE MONTH - SEPTEMBER

**Accept one another . . . Just as Christ accepted you, in order to bring praise to God. - Romans 15:7**



### September - Fall is upon us!!!

Fall is approaching fast and summer is coming to an end! The fall season is some of the most scenic months, with the changing foliage and cooler weather ahead, try getting outside and enjoying yourself before the winter comes! There's nothing like going apple picking, taking a hay ride, exploring a farmer's market and sipping on some apple cider with family and friends. Happy Fall Everybody!

### Spiced Hot Apple Cider

From: Sara Mertz

- 8 cups fresh apple cider or apple juice
- 2 teaspoons ground cinnamon or 2 cinnamon sticks
- 1/8 teaspoon grated nutmeg
- 4 whole cloves
- 1 orange, cut into slices
- 8 cinnamon sticks and 1 cup of sweetened whipped cream to top (if desired)

### Directions:

1. Heat the cider, cinnamon, nutmeg, cloves and orange slices in a 3-quart saucepan.
2. Cook over medium heat for 5 minutes or until the mixture is hot, stirring occasionally.
3. Strain the cider into a heatproof pitcher or individual mugs.
4. Garnish with cinnamon sticks and whipped cream, if desired.
5. Sip and enjoy!

This recipe can be found here: <https://www.campbells.com/kitchen/recipes/spiced-hot-apple-cider/>







For the month of **SEPTEMBER** we will be collecting **Women's Personal Products** for Phoenix Food Pantry.



## Seek

We *seek* God's presence in our lives, to help others in their relationship with God, and to strive to see God's work through all people.

## Serve

We *serve* God through missions, encourage everyone on their spiritual journey, and follow the teachings of Jesus Christ.

## Share

We create opportunities for all to share their gifts and talents, and demonstrate openness, acceptance, and hospitality.

## God With Others

### Office Location:

8396 Morgan Road  
Clay NY 13041

### Contact Information:

**Phone:** (315) 652-9186 or  
(315) 458-0890

**E-Mail:** [fjoffice@fjumc.org](mailto:fjoffice@fjumc.org)

**Website:** [www.fjumc.org](http://www.fjumc.org)

### Faith Journey UMC Staff:

Pastor Rev. Daniel J. Bradley

Maryna Mazhukhova - Musician

Daniel Williams - Musician

Jake Melnyk - Musician

Sara Mertz - Office Manager

Sean Townsend - Custodian