



Pastor's
Page



The Stepping Stone

March 2022

Waking up each morning, I am constantly aware that I am a new creation. I get out of bed and take a deep breath and kiss the morning hello. I am made fresh by the power of God. Each of us has this miracle happen to us every day, and we should not take it for granted.



“Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.” 2 Corinthians 5:17

When last I wrote you, I was in a holding pattern like a 747 running out of fuel, awaiting its turn to come in for a landing. I have landed. On March 25th, the day before my 46th birthday, I will have my bariatric weight-loss surgery. I will have an overnight stay in the hospital and be home in time for a liquid birthday dinner. Yay!

This birthday will be the beginning of a new year, another trip around the sun, and a unique opportunity to re-invent me physically, mentally, and most of all spiritually. I have to admit I have some concerns. They mainly stem around the idea of what I will look like after surgery and in the weeks months to come. I mean I know what I look like now and I have to say that I am a rather attractive man. Things can only go up from here. Right?

Body image is a massive thing for me. The last time I can remember being satisfied with how I looked was probably 3rd grade. That is when my troubles started. I learned to eat my emotions, keep the stuff inside, and process it alone. You can't do that; it only makes things worse. Letting go of your feelings at an appropriate time and space has enormous benefits. I believe every person needs someone to talk to about life. There is too much in this world we carry that we shouldn't. We need to let it go to God and another human being to keep our confidences and help us walk through this world unafraid.

Who do you call when life is out of control?

People used to call a pastor or priest for a long time, but due to the damage done in past years by ministers, it left a feeling of insecurity and mistrust in the clergy. I don't know how to change this image of the role of the pastor other than to say this: I will hold all conversations in confidentiality, and if I can't help, I will point you to someone who can.

All of us need a place to, as my wife says, "dump and run." We need to share our lives and know that we are in a safe place and that it will be OK. I am confident that you hold me in my prayers and offer your support as your pastor. Let me do the same for you.

I don't know what the next three-six months will look like or what I will look like, so I ask, please be kind. I am a work in process, a new creation; God is in control. Some months ago, I shared my main reason for having surgery with the Staff Parish Relations Committee. I want to share that rationale with you. "I am useless to this congregation if I am sick all the time because of my weight and health issues. I want to be healthy and live fully into the pastoral leader I can be, and that starts with taking care of myself. This surgery is the beginning of taking care of myself and ensuring for years to come I can be your pastor, full of life and grace to give."

Thank you for being a part of my team, and please keep me in your prayers on March 25th.

God Bless and keep you, dear friends, as we sojourn together.

In Christ,

A handwritten signature in cursive script that reads "Rev. Daniel J. Bradley".

Rev. Daniel J. Bradley

What's Happening

March:

March 2nd - Ash Wednesday Worship Service, 7pm @ FJUMC

March 2nd - Lenten Book Study Starts, every wed., 10am @ FJUMC

March 12th - Visioning Day Meeting, 9am-1pm @ FJUMC

March 12th - 19th - Spin the Wheel of Lucky Shamrocks Sale @ C&B 2.0

March 13th - Daylight Saving Time Begins

March 17th - St. Patrick's Day

March 20th - First Day of Spring

March 23rd - United Methodist Women Day of Giving

March 27th - Special Sunday: UMCOR

SPIN THE WHEEL OF LUCKY SHAMROCKS

**Saturday, March 12th
(10am-2pm)**

**Tuesday, March 15th
(4pm-7pm)**

**Wednesday, March 16th
(10am-4pm)**

**Thursday, March 17th
(10am-4pm)**

**Saturday, March 19th
(10am-2pm)**

Come into C&B during these dates to spin the wheel of lucky shamrocks to receive special offers and discounts!

Cradle & Beyond 2.0
7778 Brewerton Rd. Cicero, NY 13039



UMCOR is on **Sunday, March 27, 2022** this year. Previously known as *One Great Hour Of Sharing*, this Sunday enables the United Methodist Committee on Relief to reach out through worldwide ministries of food, shelter, health and peace. UMCOR equips local churches, annual conferences and nonprofit organizations to be in mission with their communities and to respond to those left most vulnerable during challenging times. Also, UMCOR doesn't just respond to the emergency for the short term. Working with local organizations, churches in the community and United Methodist volunteers, UMCOR builds relationships and helps communities rebuild, in the years following a disaster. Your sustaining gifts on UMCOR Sunday lay the foundation for UMCOR to share God's love with communities everywhere.



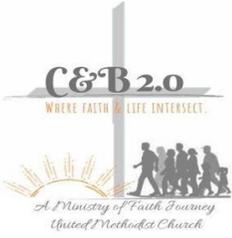
Do you want to sing or play an instrument?

We are welcoming anyone interested in singing or playing an instrument to join the worship team during 9:30 service. Practice is every Sunday morning at 9:00am in the sanctuary. Please contact Jake Melnyk at roadoutofhere@gmail.com for info.

MARY CIRCLE

Mary Circle is on hiatus for the Winter Season.

Meetings will resume in a few months.



Cradle & Beyond 2.0

7778 Brewerton Road

Location:

7778 Brewerton Rd.
Cicero, NY 13039
(Across from the Coppertop
and next to Dunkin Donuts)

Store hours:

Tuesday 4 pm - 7 pm
Wednesday 10 am - 4 pm
Thursday 10 am - 4 pm
Saturday 10 am - 2 pm

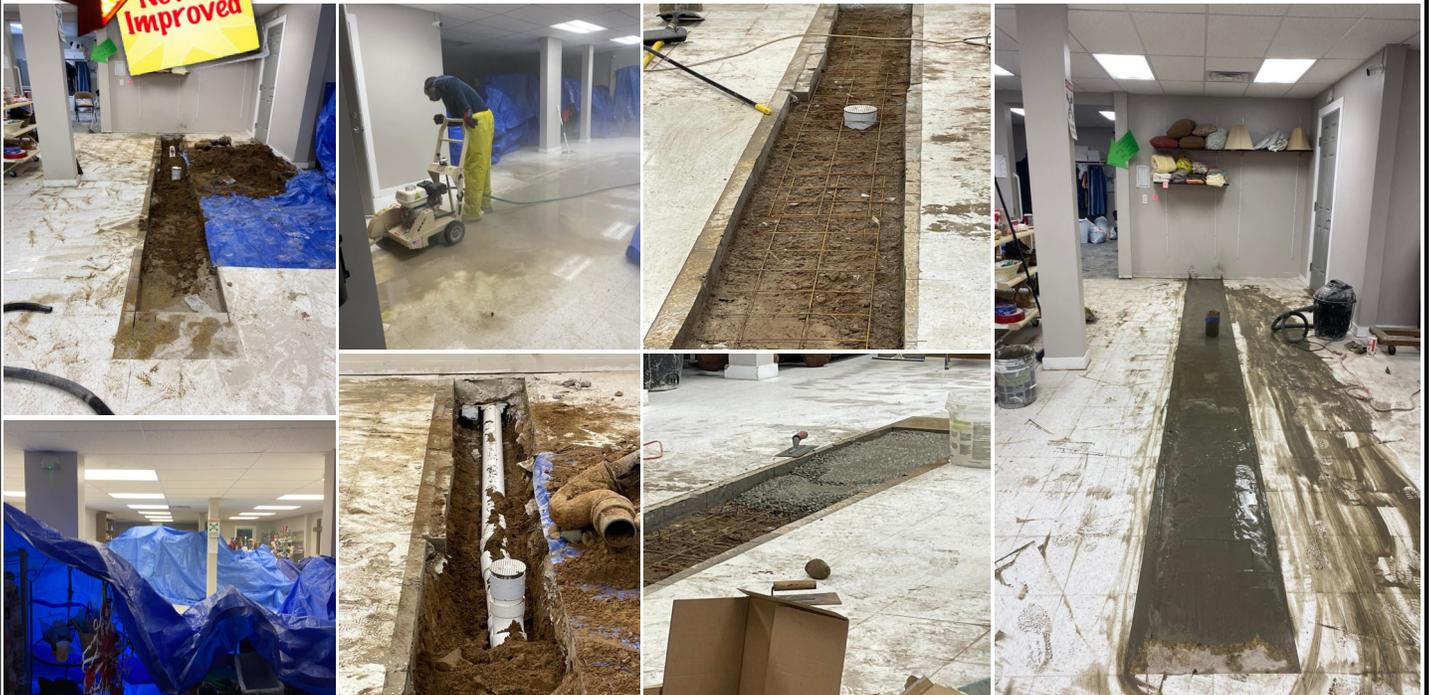
Donation Drop-off :

Donations are accepted
Tuesdays from 9 am - 11 am
and any day/time the store is
open!

Phase 1 of raising the sorting room floor is all done!! Great job guys, It looks fabulous!! The baseboard molding is on and the floor is stripped and sealed! Next up a few coats of wax and then the sorters can return to 'their home'. Thanks everyone who worked to make this project a reality in such a short time!



Phase 2 of plumbing prep / sorting room floor raising complete.





SCRIPTURE OF THE MONTH - MARCH - "METAMORPHOSIS"

"Let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross."

- Hebrews 12:1-2



March - Happy St. Patrick's Day!

I always look forward to the start of spring and wonder how many more snow falls we will get before the nicer weather moves in. We have had record highs lately, and also record snow falls and cold, leaving us to wonder what the weather will be like each week! The beginning of this year has been somewhat rough, but I am working hard on staying positive and moving forward. I realize how blessed I am to be surrounded by such supportive and loving people and am grateful for all the strength I have found these past few years through the advice and support of others. I also got invited into another book club, so I've been keeping myself busy with various books and tons of reading! This year, the United Methodist Women are celebrating the Day of Giving on my birthday, March 23, 2022, and more information can be found below.



**Legacy Fund - Sustaining Phase,
Building On Our Success**

Embrace the future for women, children and youth by giving to The Legacy Endowment Fund on **Day of Giving, March 23, 2022.**

"As a permanently invested endowment, The Legacy Endowment Fund will forever be a source of income for United Methodist Women. Providing the assurance that United Methodist Women can provide the life affirming, compassionate care and support that heals, restores and empowers populations of women, children and youth in the years and decades to come."

Total balance as of 1/28/22 is \$39,180,955 out of the goal of \$60,000,000

WAYS TO GIVE:

- **Online at:** unitedmethodistwomen.org/150
 - **By phone:** 800-278-7771 (8 a.m. to 5 p.m. EST, Mon.-Fri.)
 - **Text:** 41444 and enter "Legacy 150" in the message area
 - **By check to:** United Methodist Women, Attn: Legacy
- 475 Riverside Drive, 15th Floor New York, NY 10115
Write **"Day of Giving"** in the memo section

Join us for the Live Facebook Event on March 23 to find out how your gifts are being put to use.

www.facebook.com/UMWomen/

BIBLE TRIVIA

Looking Good, Smelling Good

1. Who had a harem with women that were “purified” with perfumes?
2. What evil queen “painted her face” before meeting with the rebel king Jehu?
3. What book mentions a woman using such perfumes as spike-nard, saffron, calamus, cinnamon, frankincense, myrrh, aloes, and many others?
4. What prophet refused to use anointing oils during three weeks of mourning?
5. Who anointed Jesus’ head with an expensive ointment known as spikenard?
6. What sweet-smelling substances were brought to the infant Jesus?
7. What Hebrew officials were anointed with holy oil perfumed with aromatic spices?
8. According to Proverbs 27:9, what do ointment and perfume do?
9. What two prophets speak critically of women putting on eye makeup?
10. What woman, portrayed in Proverbs 7, perfumed her bed with myrrh, aloes, and cinnamon?
11. Where was Jesus when a sinful woman poured an alabaster jar perfume on his feet?
12. What man uses myrrh, frankincense, and other spices as perfumes?

Glad Rags

1. Who wore a camel’s hair tunic?
2. What king of Israel is mentioned as wearing a crown and a gold bracelet?
3. What Egyptian official was given fine linen, the pharaoh’s ring, and a gold chain for his neck?
4. What people had such well-made clothes that years of wilderness wandering did not even wear out their shoes?
5. Whose eye-catching cloak caused murderous envy in his brothers?
6. The best-dressed man in Israel wore fine colored linen with embroidered bells and pomegranates, a linen breastplate with gold and precious stones, and a gold-studded hat.
7. What down-and-out man is mentioned as having a worn a gold earring in his better days.
8. Only one person is mentioned in the Bible as having worn gloves. Who?
9. What warriors were so extravagant that even their camels wore necklaces?
10. What people wore fine Egyptian linen and purple robes?

⇒ *Answers are located on the bottom of Page 10*



We are excited to announce Faith Journey UMC has successfully launched an APP and it’s available to download now!

The application features information like monthly newsletters, food pantry support, worship schedule, calendar of events, quick access to social media pages, online giving and other pages for C&B 2.0 and SSHP.

There are two ways to get the app, 1. Scan the QR code with your smart phone or 2. submit your email address to receive a download link.

The link and QR code to download the Faith Journey UMC Application are below:

Website Link: <https://cms.instantapps.com/promo/u002232>

QR Code:



Faith Journey Productions

A huge thank you to Brian Doolittle for creating a Faith Journey Productions Instagram page! Check it out regularly for updated videos of the Faith Journey Weekly Podcast:

https://www.instagram.com/faith_journey_productions/

MARCH SCRIPTURE WRITING PLAN

March

Scripture Writing Plan



Each of the scriptures below takes ten minutes or less to copy out. Commit to spending ten minutes each day listening to God's voice and Connect with the word!

Day 1 - Luke 17:5

Day 2 - Romans 10:17

Day 3 - Galatians 5:6

Day 4 - Hebrews 11:1

Day 5 - James 2:17

Day 6 - 1 John 5:4-5

Day 7 - John 6:29

Day 8 - Hebrews 11:6

Day 9 - James 1:6

Day 10 - Psalm 37:5

Day 11 - Proverbs 3:5

Day 12 - Matthew 6:30

Day 13 - Matthew 17:20

Day 14 - 2 Corinthians 5:7

Day 15 - Acts 26:18

Day 16 - Ephesians 6:16

Day 17 - 2 Timothy 4:7

Day 18 - Matthew 14:29-31

Day 19 - John 20:29

Day 20 - 1 John 5:13

Day 21 - Galatians 3:22

Day 22 - John 1:12

Day 23 - Mark 10:52

Day 24 - Romans 1:17

Day 25 - 1 Peter 1:21

Day 26 - Titus 1:2

Day 27 - 1 Corinthians 16:13

Day 28 - Mark 11:24

Day 29 - 1 Timothy 6:11

Day 30 - 1 Thessalonians 1:3

Day 31 - 1 Peter 1:7

What are Scripture Writing Plans?

Scripture Writing plans are something you can do every day and it will help you in your journey with God. Get your bi-

ble out and write out the scripture for that day. It is a proven fact that when you write something down it resonates more fully than just reading it. So, write it out and speak those words into reality, this will also help with memorization of the word of God and your daily walk with Him.

THEME:

Increasing

My

Faith



ONONDAGA CNY HEALTH ACCESS TASK FORCE HYGIENE SUPPLIES DONATION DRIVE



We will be collecting hygiene supplies for Onondaga CNY Health Access Task Force for the Food Pantry collection for the month of March. Donations will be distribution at Peace, INC.

NEW ITEMS PLEASE

FEBRUARY 1ST - MARCH 18TH, 2022



- Shampoo
- Conditioner
- Soap
- Body wash
- Toothpaste
- Toothbrushes
- Denture tablets
- Mouthwash
- Dental floss
- Menstrual products (tampons, pads, etc)
- Deodorant
- Razors
- Shaving cream
- Hairbrushes
- Disinfectant wipes
- Disinfectant spray
- All-purpose cleaners
- Hand sanitizer
- Laundry detergent
- Dish soap
- Paper towels
- Sponges/scrubbers
- Bath Towels/Wash Cloths
- Hand towels
- Socks



RecipeCorner

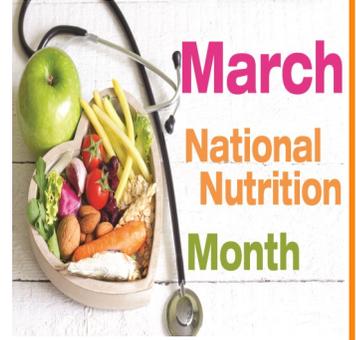
Do you have any recipes to share? I would love to feature your recipes in the monthly newsletter! Leave a recipe on my desk, in the offering plate or email the office at fjoffice@fjumc.org



Ham, Apple and Cheese Quesadilla

"30-minute weeknight dinner, it takes quesadillas from the appetizer table to an entrée, and the apple makes it kid-friendly."

<https://foodnetwork.com/recipes/food-network-kitchen/ham-apple-and-cheese-quesadilla-recipe-2121075>



March
National
Nutrition
Month

INGREDIENTS

- ◆ Eight 6-inch whole wheat tortillas
- ◆ Cooking spray or olive oil, for oiling tortillas
- ◆ 1 tablespoon spicy brown or Dijon mustard
- ◆ 1 cup shredded low-sodium Swiss (4 ounces)
- ◆ 4 ounces very thinly sliced low-sodium lean Black Forest or Virginia Ham
- ◆ 1/2 small red onion, extra thinly sliced
- ◆ Freshly ground black pepper
- ◆ 1 1/2 tablespoons no-sugar-added apple butter, plus more for topping, optional
- ◆ 2 small apples, cut into thin sticks (red and green)
- ◆ Lemon juice and ground cinnamon for tossing

DIRECTIONS

1. Preheat the oven to 200 degrees F.
2. Spray 4 of the tortillas with cooking spray (or brush with olive oil). Lay the oiled tortillas on a large cutting board oiled-side down. Brush with the mustard and sprinkle with about half of the cheese. Top each evenly with a thin layer of ham, onions and some pepper, and then finish with the remaining cheese.
3. Brush the apple butter evenly on the remaining tortilla (filling sides in), and firmly press the tortillas together to make a quesadilla.
4. Heat a large nonstick skillet over medium heat. Lay a quesadilla oiled-side down in the pan and cook until golden brown and the cheese starts to melt, about 2 minutes.
5. Spray the top of the quesadilla with cooking spray, turn and cook until the other side browns and the cheese is melted, 2 to 3 minutes more.
6. Transfer to a baking sheet and keep warm in the oven. Repeat with the remaining quesadillas.
7. Cut the quesadillas into 4 wedges and arrange on plates. Toss the apples with lemon and juice and cinnamon to taste. Serve with the apple slices.

Prep time: 10 mins.

Cook time: 20 mins.

Yield: 4 servings

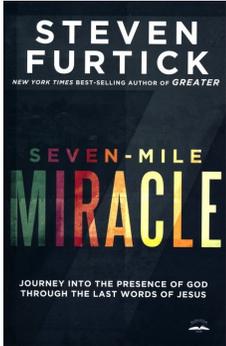




Lenten Book Study

Starting Ash Wednesday, March 2, 2022 at 10 a.m.

Join us at Faith Journey UMC every Wednesday at 10 a.m. for Lenten Book Study during the whole season of Lent with Pastor Bradley



Steven Furtick's Seven-Mile Miracle: *“Embark on a spiritual journey with Jesus---and discover more about who he is and how he wants you to live! With both realism and inspiration, Furtick takes a compelling look at Jesus' last words and reveals a pattern for following Christ that leads to victory over the trials and setbacks of life.”*

*A copy of Seven-Mile Miracle will be provided to each attendee

Just a reminder - You're more than welcome to also join us for Prayer & Communion at 9:30 a.m. before Lenten Book Study

E-mail or call the office if interested in joining us for Lenten book study: **FJOFFICE@FJUMC.ORG** or **(315) 652-9186**



Join us for **Ash Wednesday Worship Service** in-person or virtually via our Facebook page on

Wednesday, March 2, 2022 - 7:00 P.M.

Faith Journey UMC (8396 Morgan Rd. Clay, NY 13041)



If you are interested in getting out of the house and getting some exercise, you can always join these lovely ladies who walk mornings together at Destiny USA, but will be heading outside once the nicer weather emerges. If interested in joining them for a morning walk, contact Beth Jordan (315) 657-5701 to be added to the group text chat.



Bible Trivia Answers: 1. King Ahasuerus, 2. Jezebel, 3. The Song of Solomon, 4. Daniel, 5. Mary, Lazarus' sister, 6. Frankincense and myrrh, 7. Israel's priests, 8. "Rejoice the heart", 9. Jeremiah, 10. The adulteress, 11. At the home of Simon the Pharisee, 12. The male lover in the Song of Solomon, 1. John the Baptist, 2. Saul, 3. Joseph, 4. The Israelites, 5. Joseph's, 6. The high priest, 7. Job, 8. Jacob, 9. The Midianites, 10. The "princes of the sea"



MARCH 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 <i>Ash Wednesday Worship Service, 7pm @ FJUMC</i> <i>Lenten Book Study, 10am @ FJUMC</i>	3 9AM - 12PM - Workday @ New Building	4	5 9AM - 12PM - Workday @ New Building.
6 *Communion	7	8	9 <i>Lenten Book Study, 10am @ FJUMC</i> 9:30 AM - Prayer & Holy communion in sanctu-	10 9AM-12PM - Workday @ New Build- ing	11	12 <i>Visioning Day, 9am- 1pm @ FJUMC</i> <i>Spin the Wheel of Lucky Shamrocks, 10am-2pm @ C&B</i>
13 <i>Daylight Saving Time Begins</i>	14	15 <i>Spin the Wheel of Lucky Shamrocks, 4pm-7pm @ C&B</i>	16 <i>Spin the Wheel of Lucky Shamrocks, 10am-4pm @ C&B</i> <i>Lenten Book Study, 10am @ FJUMC</i>	17 <i>St. Patrick's Day</i> <i>Spin the Wheel of Lucky Shamrocks, 10am-4pm @ C&B</i>	18	19 <i>Spin the Wheel of Lucky Shamrocks, 10am-2pm @ C&B</i> 9AM - 12PM - Workday
20 <i>First Day of Spring</i>	21	22	23 <i>Lenten Book Study, 10am @ FJUMC</i> <i>United Methodist Women, Day of Giving</i>	24 9AM - 12PM - Workday @ New Building	25	26 <i>Pastor Bradley's Birthday</i> 9AM - 12PM - Workday @ New Building
27 <i>Special Sunday: UMCOR</i>	28	29	30 <i>Lenten Book Study, 10am @ FJUMC</i> 9:30 AM - Prayer & Holy communion in sanctu-	31		
<p><u>In-Person and Online Worship Service:</u> Join us in-person or watch us live every Sunday at 10 am on Facebook www.facebook.com/faithjourneyumccclaynorthsyracuse <u>Sermons also available on:</u> Faithjourneyumc.libsyn.com or https://www.vimeo.com/channels/fjumc</p>						



For the month of **MARCH**, we will be collecting *hygiene supplies* for **ONONDAGA CNY Health Access Task Force** for distribution at **Peace, Inc.**
A full list of items is included on page 8.
Thank you for your support!



Seek

.....
 We seek God's presence in our lives, to help others in their relationship with God and to strive to see God's work through all people.

Serve

.....
 We serve God through mission, encourage everyone on their spiritual journey and follow the teachings of Jesus Christ.

Share

.....
 We create opportunities for all to share their gifts and talents and demonstrate openness, acceptance and hospitality.

God With Others

Office Location:

8396 Morgan Road
 Clay NY 13041

Contact Information:

Phone: (315) 652-9186 or
 (315) 458-0890

E-Mail: fjoffice@fjumc.org

Website: www.fjumc.org

Faith Journey UMC Staff:

Pastor Rev. Daniel J. Bradley
 Maryna Mazhukhova - Musician
 Daniel Williams - Musician
 Jake Melnyk - Musician
 Sara Mertz - Office Manager
 Sean Townsend - Custodian