



Pastor's Page



The Stepping Stone

JANUARY 2020

December 27, 2019

"Come to me, all you who are weary and burdened, and I will give you rest.

Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 11:28-30

Dear Church Family,

Grace and Peace to you from God, our Father, and the Lord Jesus Christ!

A few years ago, I was in a bicycle race. It was called the Tour De Loop. It took place in Oswego County. The course was brutal, and it nearly killed me. I was the last one in the pack. As I came to the top of the hill in Sterling, NY, my legs gave out, and I pulled my bicycle over to the side of the road. I had come 10 miles in this 30-mile course. I was tired, hurting, and overcome with pain. The race official stopped and asked me if I was going to continue. I decided there and then that I would quit the race. Looking back, I wish I could have found a way to power through the pain and exhaustion. I regret not being better prepared for the race.

Sometimes no matter how hard you prepare, the unexpected happens, and shell shocks you. I thought I was ready for anything. However, I was not prepared for this past year with my father's illness and then his death. I was like a deer caught in the headlights, and this has taken a toll on me. I need not to 'quit' but to 'step back' and take some time to get my heart and my head in order.

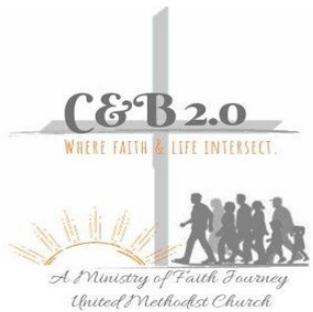
I will be on Spiritual Renewal Leave for January. I will return on February 1, 2020. I look forward to being with you at that time and back in the pulpit. Rev. Deborah O'Conner Slater will be providing pastoral support for funerals and hospital calls. Please contact the office at 315-652-9186 if you need pastoral care.

I want to wish you a joy-filled New Year! May God bless you as you journey together, hand in hand, and heart in heart. Go forth with God this day and be blessed!

In Christ,

Rev. Daniel J. Bradley

Rev. Daniel J. Bradley



Cradle & Beyond 2.0

7778 Brewerton Road

We have had a phenomenal and successful 2 months... Be on the lookout for 'after holiday' sales at C&B 2.0 in the month of January - We reopen for business on January 2, 2020 @ 10:00! Also, we are working on finalizing all the details surrounding the sewing classes, so stay tuned to hear future updates!

Location:

7778 Brewerton Rd.
Cicero, NY 13039
(Across from the Coppertop
and next to Dunkin Donuts)

Store hours:

Tuesday	4 pm - 7 pm
Wednesday	10 am - 4 pm
Thursday	10 am - 4 pm
Saturday	10 am - 2 pm

Donation Drop-off days/times:

Donations are accepted
Tuesdays from 9 am - 11 am
And anytime the store is open!

C&B 2.0 / Mission Central Trivia

1. How many racks of clothes are in the building?
 - A. How many circles?
 - B. How many square?
 - C. How many wooden ones?
2. What type of floor is in the bathroom?
3. What color is the bathroom?
4. Whose served more donuts in the last two years?
Us or Dunkin Donuts?
5. What days is the store open and what are the store hours?
6. What days / times are the work crews at the Mission Central Campus:
7. How many exterior doors are there at the Mission Central Campus?
 - A. How many open out and how many open in?
8. How many windows are there in the Mission Central Campus?
9. How many parking spots do we have in the parking lot?
10. What is the address?
11. How many shopping carts are there at C&B 2.0 shop and where did the shopping carts come from?
12. Where did the newest doors to the Mission Central Campus come from?

⇒ Answers are on the bottom of page 6

DID YOU KNOW?

- ◆ C&B 2.0 has SU merchandise for sale? Stop by before heading to the Dome or before watching the next SU men's / women's basketball game!
- ◆ C&B 2.0 has yoga pants and other fitness clothes for sale (no item over \$3) - 2020 is time to take care of you... get some new fitness clothes to help create a new 'fit' you!
- ◆ C&B 2.0 has openings for sales volunteers. We are finalizing the work schedule for January and will be working on the February schedule soon - please let Beth Schipp, Judy Bylsma or Beth Jordan know if you'd like to take on a 3 hour shift (we promise you'll have lots of fun and meet some amazing people).

What's Happening



The Gracias Choir's Christmas Cantata

Tuesday, January 7th at 7:00 pm

Landmark Theatre
362 S Salina Street
Syracuse, NY 13202

General Admission is **FREE**, but they're on a first-come, first-served basis and seating is limited. Since the seats fill up quickly, people should try to arrive at least two hours before the show.

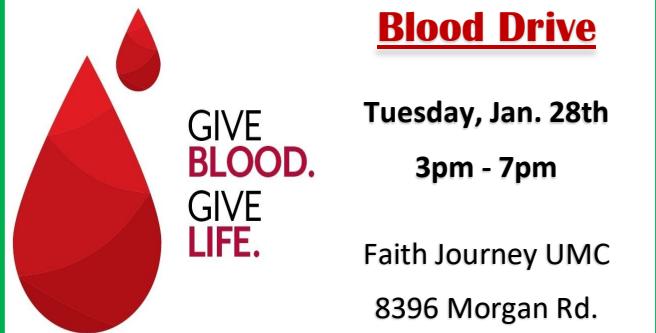
If you want to request tickets for your congregation, please contact us at **(917) 244-5249** or email us at syracuse.ny@iyfusa.org

For more information on the show, you can visit
www.christmascantata.us

January:

- December 31st - New Year's Eve
- January 1st - New Year's Day (Office Closed)
- January 2nd - C&B 2.0 re-opens after holidays
- January 1st through February 1st - Pastor Daniel Bradley on Spiritual Renewal Leave
- January 5th - Worship Planning, 6:30 pm @ Clay
- January 5th, 19th and 26 - Rev. O'Conner-Slater preaches
- January 7th - Gracias Christmas Cantata @ the Landmark Theatre, 7pm
- January 12th - Lisa Kisselstein preaches
- January 19th - Human Relations Day
- January 28th: American Red Cross Blood Drive, 3pm-7pm

Blood Drive



Do you want to sing or play an instrument?

We are welcoming anyone interested in singing or playing an instrument to join the worship team during 9:30 service. Practice is every Sunday morning at 9:00am in the sanctuary. Please contact Jake Melnyk at roadoutofhere@gmail.com for information.

MARY CIRCLE

Mary Circle is on hiatus for the months of January and February.

JANUARY

SCRIPTURE OF THE MONTH - JANUARY - "In the New Year"

[The Lord's compassions] are new every morning; great is [God's] faithfulness.

- Lamentations 3:23



January - Happy New Year 2020!!

January is the time for resolutions, reflecting and new beginnings. We all look back on the past year and think about things that happened and ways we can improve ourselves and our lives for the following year ahead. I always find that some New Year's Resolutions are unrealistic and over the top, so I compiled a list of resolutions that can be done daily and with little effort. We are all working towards becoming better versions of ourselves and now is the time to put our best foot forward heading into the New Year!

20 Achievable and Realistic New Years Resolutions

1. Start meditating
2. Pick up a new hobby
3. Learn something new each day
4. Read more books
5. Conquer a fear
6. Be more grateful
7. Make a new friend or reconnect with an old friend
8. Spend more time in nature
9. Be more confident
10. Volunteer
11. Keep a journal
12. Be kinder to yourself
13. Learn a new skill
14. Travel more, find your adventurous side
15. Spend less time on social media and the internet
16. Try new food recipes
17. Adopt a healthier lifestyle
18. Revamp your wardrobe
19. Declutter, organize or restyle your home
20. Enjoy the little things

JANUARY 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		New Year's Eve	1 New Year's Day <i>(Office Closed)</i>	2 <i>C&B 2.0 re-opens after holiday break</i> 9AM - 12PM - Workday @ New Building	3 7PM - Gambler's Anonymous @ Clay	4 9AM - 12PM - Workday @ New Building.
5 <i>Communion</i> Worship Planning, <i>6:30pm @ Clay</i>	6	7 7:30PM - Prayer & Holy communion in sanctuary. Christmas Cantata, Landmark Theatre, 7pm	8	9 9AM-12PM - Workday @ New Building	10 7PM - Gambler's Anonymous @ Clay Campus	11 9AM - 12 PM - Workday @ New Building
12	13	14 7:30PM - Prayer & Holy communion in sanctuary.	15	16 9AM - 12PM - Workday @ New Building	17 7PM - Gambler's Anonymous @ Clay	18 9AM - 12PM - Workday @ New Building
19	20	21 7:30PM - Prayer & Holy communion in sanctuary	22	23 9AM - 12PM - Workday @ New Building	24 7PM - Gambler's Anonymous @ Clay Campus	25 9AM - 12PM - Workday @ New Building
26	27	28 Blood Drive, 3-7pm @ Clay 7:30 PM - Prayer & Holy communion in sanctuary.	29	30 9AM - 12PM - Workday @ New Building	31 7PM - Gambler's Anonymous @ Clay	
		<u>Services Schedule</u>				
		9:30 AM - Contemporary Worship @ Clay				
		11AM & 12:30 PM - Traditional Worship @ Clay				

JANUARY SCRIPTURE WRITING PLAN



JANUARY Scripture Writing Plan

Each of the scriptures below takes ten minutes or less to copy out. Commit to spending ten minutes each day listening to God's voice and Connect with the word!

- Day 1 - Isaiah 43:16-19
- Day 2 - Lamentations 3:22-26
- Day 3 - Ecclesiastes 3:11-15
- Day 4 - Psalm 98:1-9
- Day 5 - Psalm 90:12-17
- Day 6 - Jeremiah 29:11-14
- Day 7 - Philippians 3:7-14

- Day 8 - 2 Corinthians 5:17-21
- Day 9 - 1 Peter 1:3-9
- Day 10 - Mark 12:28-33
- Day 11 - Ezekiel 36: 24-28
- Day 12 - 1 Chronicles 16:8-14
- Day 13 - Colossians 3:12-17
- Day 14 - Hebrews 12:7-13
- Day 15 - Isaiah 40:28-31
- Day 16 - Philippians 4:4-9

- Day 17 - Luke 14:28-35
- Day 18 - Romans 12:1-8
- Day 19 - Romans 12:9-16
- Day 20 - Romans 12:17-21
- Day 21 - Psalm 37:1-6

- Day 22 - Psalm 37:7-11
- Day 23 - Psalm 37:18-19, 23-28
- Day 24 - 2 Peter 1:1-4
- Day 25 - 2 Peter 1:5-11
- Day 26 - Romans 8:18-25
- Day 27 - 2 Corinthians 12:9-10
- Day 28 - Psalm 27:1-4

- Day 29 - Psalm 27:5-8
- Day 30 - Psalm 27:9-14
- Day 31 - Choose your own verse

What are Scripture Writing Plans?

Scripture Writing plans are something you can do every day and it will help you in your journey with God. Get your bible out and write out the scripture for that day. It is a proven fact that when you write something down is resonates more fully than just reading it. So, write it out and speak those words into reality, this will also help with memorization of the word of God and your daily walk with Him.

Open my eyes that I may see wonderful things in your law.

- Psalm 119:18

C&B 2.0/Mission Central Trivia Answers: **1.** 20, **A.** 4, **B.** 10, **C.** 6, **2.** Bamboo, **3.** Lunar Surface (Gray), **4.** Us (Butch and Dave), **5.** Tues: 4-7, Wed and Thurs: 10-4, Sat: 10-2, **6.** Thursday and Saturday, 9-12, **7.** 6, **A.** 4 open out; 2 open in, **8.** 15, **9.** 17, **10.** 7778 Brewerton Rd. Cicero, NY 13039, **11.** 2 mini carts from Mattydale Kmart liquidation sale and 1 large cart (for food pantry dona-



RecipeCorner

O'Brien Potato Bake

Recipe by: Eileen Amidon

- 24 ounces of Frozen "O'Brien" Hash browns
- 8 oz. of Sour Cream
- 1 can of Cream of Chicken Soup
- 6 oz. of Shredded Cheddar Cheese
- 2 blocks of melted butter

Directions:

1. Mix all together
 2. Place in 9 x 13 baking dish
 3. Bake at 350 degrees for 1 to 1 1/2 hours
 4. Let cool down and enjoy!
- ⇒ This recipe makes a large dish



Ham and Lentil Soup

Recipe From: Taste of Home



INGREDIENTS

- 1 meaty ham bone
- 6 cups water
- 1-1/4 cups dried lentils, rinsed
- 1 can (28 ounces) diced tomatoes, undrained
- 2 to 3 carrots, 2 celery ribs, sliced
- 2 tablespoons chopped parsley
- 1/4 cup chopped green onions
- 1/2 teaspoon salt
- 1/2 teaspoon garlic powder
- 1/2 dried oregano
- 1/8 teaspoon pepper
- 12 ounces bulk pork sausage cooked and drained

DIRECTIONS

1. In a Dutch oven, bring ham bone and water to a boil. Reduce heat; cover and simmer for 1-1/2 hours.
2. Remove ham bone. To broth, add the lentils, tomatoes, carrots, celery, onions and seasonings; bring to a boil. Reduce heat; cover and simmer until lentils and vegetables are tender, 30-40 minutes.
3. Meanwhile, remove ham from bone; coarsely chop.
4. Add the ham, sausage and parsley to soup; heat through.

Prep time: 5 mins

Cook Time: 2 hours

Makes: 12 servings (3 quarts)

RECIPE



BIBLE TRIVIA

Healthy Confessions

1. Who confessed to God that he had done wrong in taking a census of Israel?
2. Who confessed his denial of Jesus?
3. What king confessed his adulterous affair after being confronted by the prophet Nathan?
4. What scribe bowed in front of the temple and confessed the sins of Israel while the people around him wept bitterly?
5. What young man confessed his riotous living to his forgiving father?
6. Who confessed the building of the golden calf to God?
7. Who made a false confession to Aaron and Moses?
8. Who was visited by the angel Gabriel while he was confessing his sins?
9. Who confessed that he had been self-righteous?
10. Who confessed remorse over betraying his master?
11. Who was pardoned by David after confessing his sin and begging for mercy?
12. Who confessed to Samuel that he had disobeyed God by not destroying all the spoils of war?

⇒ Answers are located on the bottom of **Page 9**



“Get Fit” Update

“GET FIT” with Beth Jordan
is taking a hiatus for now!

We will let you know when
we are back at it !



Have you ever lost something
while attending Sunday Service?

Come in during office hours and
check out our box of lost & found
items, maybe you will be reunited
with an old pair of glasses,
gloves, backpack or other
miscellaneous items!



Faith Journey UMC Podcast:

Where Faith and Life Intersect

Featuring Pastor Daniel Bradley

&

Brian Doolittle

Three Ways to Listen:



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faithjourneyumcclaynorthsyracuse](http://www.facebook.com/faithjourneyumcclaynorthsyracuse)



www.faithjourneyumc.libsyn.com/



Spotify

Search “faithjourneyumc”
or Pastor Daniel Bradley

Unable to attend Sunday Service?

Good News!

Sunday Service Sermons are now available
for listening as well!

Thank You Letters for Thanksgiving Bags

Thank You

To the church community,

Thank you so much for your generosity to our school for Thanksgiving. I work first hand with our families and see the poverty many of them are in. I deeply appreciate your church supplying baskets to us and enabling us to support people in need. You have helped many children have a memorable holiday.

Thank you for helping our community with such kindness.

Thank you,

Kerry Delduchetto (school counselor)
and Roxboro Road Elementary Staff



Dear Faith Journey UMC members,

We are so incredibly grateful for your donation of the food baskets. Your generosity has made the holiday more joyous for 10 grateful families!

Thank you!

Roxboro Road Middle



Dear Parishioners of Faith Journey UMC,

Thank you for your donation of \$30.00 to The Phoenix Area Food Pantry, Inc., and the many bags of miscellaneous foods.

It is neighbors like all of you that not only help keep the Pantry afloat, but also helps make it possible to assist the less fortunate in our area.

Thankfully,

Roberta Daly, Phoenix Food Pantry Director



Bible Trivia Answers: 1. David, 2. Peter, 3. David, 4. Ezra, 5. The prodigal son, 6. Moses, 7. Pharaoh, 8. Daniel, 9. Job, 10. Judas, 11. Shimei, 12. Saul



Blood Drive

Tuesday, January 28, 2020

3:00 p.m. to 7:00 p.m.

Faith Journey United Methodist Church

8396 Morgan Rd.

Clay, NY 13041



For the month of **January**, we will be collecting **Canned Fruit and Vegetables** for **North Syracuse Christian Food Pantry**.

Seek

We *seek* God's presence in our lives, to help others in their relationship with God, and to strive to see God's work through all people.

Serve

We *serve* God through missions, encourage everyone on their spiritual journey, and follow the teachings of Jesus Christ.

Share

We create opportunities for all to share their gifts and talents, and demonstrate openness, acceptance, and hospitality.

God With Others

Office Location:

8396 Morgan Road
Clay NY 13041

Contact Information:

Phone: (315) 652-9186 or
(315) 458-0890
E-Mail: fjoffice@fjumc.org
Website: www.fjumc.org

Faith Journey UMC Staff:

Pastor Rev. Daniel J. Bradley
Maryna Mazhukhova - Musician
Daniel Williams - Musician
Jake Melnyk - Musician
Sara Mertz - Office Manager
Sean Townsend - Custodian